



## Fourth Annual Conference

*Engaging Secondary School Students and Their Communities*

## Forum Breakout Session

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### **Get a Grip! Balancing Work, School, and Life**

#### **Facilitator:**

Gail Epps, *Instructional Specialist for New Teacher Induction, Montgomery County Public Schools*

#### **Presenters:**

Elaine Chang-Baxter, *Principal, Garrett Park Elementary School, Montgomery County Public Schools*

James Berry, *Lead Consulting Teacher, Office of Organizational Development,  
Montgomery County Public Schools*

Patricia Kompare, *ESOL and Special Education Teacher, James Hubert Blake High School,  
Montgomery County Public Schools*

Sally Murek, *Paraeducator Coordinator, Office of Organizational Development,  
Montgomery County Public Schools*

During this session five panelists from various positions in Montgomery County Public Schools (MCPS) will share their stories and strategies for balancing work, school and life. Participants will hear from a principal, instructional specialist, teacher, consulting teacher, and paraeducator about the work that they do and the strategies implemented for a balanced life. Participants will have an opportunity for questions and answers.