



# Is Anxiety Taking Hold of Your Child?

If you are concerned about your child's anxiety, please consider attending this seminar:

## **Anxiety in Children and Adolescents: What Parents Need to Know**

**When: March 5th, 7:00pm-9:00pm**

**Where: Johns Hopkins University, Gilchrist Bldg.**

Johns Hopkins University Montgomery County Campus, 9601 Medical Center Drive,  
Rockville, MD 20850 | <http://www.jhu.edu/mcc/aboutmcc/directions.html>

Please call or e-mail to register for this limited seating event.  
Please RSVP by February 28th, 2008 for this seminar.

**301-402-8225**

**kidswithworries@mail.nih.gov**

(TTY: 1-866-411-1010)

### **Topics Discussed:**

- Common signs and symptoms of anxiety in youth
- What parents can do to help a child who is struggling with anxiety
- Understanding treatment options
- Current research in pediatric anxiety at NIMH and opportunities for participation



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