

Parent Lending Library

Raising Resilient Children by Robert Brooks, Ph.D, and Sam Goldstein, Ph.D.

1-2-3 Magic: Effective Discipline for Children 2-12 by Thomas W. Phelan, Ph.D.

Lonely, Sad and Angry: How to Help Your Unhappy Child by Barbara D. Ingersoll, Ph.D. and Sam Goldstein, Ph.D.

Straight Talk About Psychiatric Medications for Kids by Timothy E. Wilens, MD

Attention Deficit Disorder and Learning Disabilities: Realities, Myths and Controversial Treatments by Barbara D. Ingersoll, Ph.D. and Sam Goldstein, Ph.D.

Raise Your Child's Social IQ: Stepping Stones to People Skills for Kids by Cathi Cohen, L.C.S.W.

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children by Ross W. Greene, Ph.D.

Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood by Edward M. Hallowell, M.D., and John J. Ratey, M.D.

Seven Steps to Homework Success by Sydney S. Zentall, Ph.D. and Sam Goldstein, Ph.D.

Good Friends are Hard to Find by Fred Frankel, Ph.D.

Bully Proofing Your Child by Carla Garrity, Ph.D., Mitchell Baris, Ph.D., and William Porter, Ph.D.

The Parent as Cheerleader by Rob Guttenberg

Perfect Pals: How to Juggle Your Way From Perfection to Excellence (Story, Discussion Guide, and Student Activities)

7 Strategies for Developing Capable Students by H. Stephen Glenn, Ph.D., and Michael L. Brock, M.A.

Attention and Learning Problems in Children by Vitro A. Perriello Jr., M.D. and Judith Stern, M.A.

The Little Book published by the Health Care System
"A collection of stories and articles, parenting tips and resources for all parents and caregivers—especially those who love and care for children and teens of special needs."

Speaking of Divorce: How to Talk with Your Kids and Help Them Cope by Roberta Beyer and Kent Winchester

Perfectionism: What's Bad About Being Too Good? by Miriam Adderholdt, Ph.D. and Jan Goldberg

Raising Positive Kids in a Negative World by Zig Zagler

Emotional Intelligence, Why it can matter more than IQ by Daniel Goleman

Power Parenting for Children with ADD/ADHD, A Practical Parent's Guide for Managing Difficult Behaviors by Grad L. Flick, Ph.D.

New Titles

Helping Your Anxious Child: A Step-by-Step Guide for Parents
by Ronald M. Rapee, Ph.D.

How to Behave so Your Children Will Too! by Sal Severe, Ph.D.

Taming the Dragons: Real Help for Real School Problems by
Susan Settley, M.Sp.E

The Misunderstood child: Understanding and Coping with Your
Child's Learning Disabilities by Larry B. Silver, M.D.

Setting Limits: How to Raise Responsible, Independent Children
by Providing CLEAR Boundaries by Robert J. MacKenzie, ED.D.

Setting Limits with Your Strong-Willed Child: Eliminating
Conflict by Establishing CLEAR, Firm, and Respectful Boundaries
by Robert J. MacKenzie, ED.D.

All Kinds of Minds: A Young Student's Book about Learning
Abilities and Learning Disabilities by Dr. Mel Levine

Raising Our Children to Be Resilient: A Guide to Helping Children
Cope with Trauma in Today's World by Linda Goldman

Also Available

Our Schools Today: Informational Videos Developed and Produced by MCPS Instructional Television

Series 1 (in English, Spanish, Chinese, Korean and Vietnamese)

Topics Include:

- Starting School
- Report Cards and Parent Conferences
- School Rules and Regulations
- Graduation Requirements and Applying to College
- Services Available for English Language Learners
- Helping Your Child Succeed in School
- MCPS Programs and Services
- Community Resources

Series 2 (in English, Spanish, Chinese, Korean and Vietnamese)

Topics Include:

- Understanding the American Educational System
- Applying to College (including financial aid)
- Motivating your child to Learn
- How to be an Advocate for Your Child
- Special Education and the Special Education Process
- How to Obtain Extra Academic Help
- Early Childhood Programs
- Putting Rigor in Your child's Educational Program