



Physical Education Syllabus 8/26/09

Physical Education Team:

Ms. Williams
Ms. Greenfield
Mr. Riley
Mr. Terrell (Health)

Overview:

Physical Education is a course in which students learn the importance of physical fitness in their everyday lives. As a department we strive to educate our students and give them the skills necessary to become active outside of physical education. We teach a variety of activities so that each student has a chance to discover something they enjoy doing and become a knowledgeable and active individual outside of the school day. Students will also learn the different fitness components and ways to improve their own personal physical fitness.

Units of Study:

We study a variety of units throughout the school year, each student depending on what class, and what quarter they have health education, will receive most of the following list.

Football	Basketball	Volleyball	Soccer
Street Hockey	Tennis	Weight Training	Table Tennis
Recreational Games	Fitness		

Grading Policy & Learning Skills:

Category	Percentage of Total Grade
Homework for Practice & Preparation*	10%
Formative Assessments	60%
Summative Assessments	30%
*MVMS uses the "raw score conversion to percentage" method to calculate grades. Therefore, the # of points a particular assignment is worth does not impact its weight within a category (18/20 carries the same weight as 36/40). However, assignments may be still be weighted within categories by assigning assignment weights.	

Formative:

For our formative assessments we use a variety of tools. Students are graded on two primary sub categories,

- 1) Personal and Social Responsibility (PSR): This relates to the students preparedness for class, and their overall conduct. We expect each student to put forth his or her best effort despite their skill level. Students are expected to have a change of clothes for class each and every day. The change of clothes can be an outfit from home or a uniform purchased through school. Students are expected to display good sportsmanship and understanding of rules and guidelines depending on activity or sport.
- 2) Fitness Activities: Students throughout the school year will be participating in a variety of fitness related tests. These tests are purely designed so that the students can track their physical fitness throughout the school year. Students are expected to know how to complete the tests and administer the tests to other students.



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Summative:

Our summative category is broken down into movement grades, and quizzes.

1. Movement is considered the students overall performance in a particular unit. We evaluate the students understanding of concepts and strategies, through skill and game play. This grading category is not reflective of students ability or skill level, but rather understanding and of proper form for various skills
2. At the end of each unit students are given a short written quiz, testing knowledge of rules and skills involved. Study guides are handed for each unit.

Homework for Practice and Preparation:

As a department we do not assign take-home required homework. We do ask that all students are physical active outside of Physical Education class for their own benefit. We do however grade students on a variety of warm up activities that vary from day to day, and again are looking for proper form and technique.

At the end of each quarter students will also receive to learning skill grades based on their assignment completion and participation in class. The four categories are;

- Consistently
- Often
- Sometimes
- Rarely

These categories do not directly affect a student's grade, but could definitely be a contributing factor.

Grade Updates:

Grades entered in a teacher's electronic gradebook are automatically uploaded to Edline on a nightly basis. Both students and parents should log into Edline regularly to check grades and missing assignments. Students are expected to know their grades, and what, if any, work is missing at all times. There should be no surprises about grades to students or parents; if so, please make sure you contact your child's Physical Education teacher. If you need an Edline activation code, please contact our school's Edline Superuser, Alice Marable at alice_marable@mcpsmd.org. In addition, it would be extremely helpful to enter an active email address in both student and parent Edline accounts; I use this to provide class updates as well as other communication throughout the year.

Communication:

One of the most useful ways we have to communicate is your student's data notebook. Please check this daily for information. We can also be reached by email (below) or by calling the school (301-840-4660).

*We look forward to working with your child this upcoming school year and will do everything we can to make sure they have a love for being active. Please do not hesitate to ask if you have any additional questions.

Teacher- Nikki Williams

Teacher-Nancy Greenfield

Teacher- Rick Riley

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