## What do students talk about with the school counselor?

- Friendship
- Decision making/problem solving
- Understanding others
- Feelings
- Loss
- Transitions
- Wellness
- Drug/Alcohol Awareness
- Career Awareness
- Alternative behaviors
- Study Skills
- Peer and Family
   Relationships
- School Problems
- Conflict Resolution

# How does a student see the counselor individually or in a small group?

- Self-Referral
- Teacher referral
- Parental referral
- Administrative referral
- Special services referral



### Cashell Elementary School



# Tim Gleason School Counselor

Timothy\_J\_Gleason@mcpsmd.org



### Goal of Elementary Counseling Program

The primary goal of the Cashell Elementary School Counseling Program, is to help students reach their full potential academically, socially, and emotionally.

In a caring way, we are helping students become aware of their own strengths, weaknesses, interests, values, and feelings. Also, we are striving to help each student to be understanding and accepting of others.

# The Counselor may see students for:

#### **Classroom Guidance**

The counselor will conduct classroom guidance lessons throughout the school year. Counseling lessons focus on topics such as: peaceful problem solving, making and keeping friends, safety, bullying, respecting others, college and career readiness, and more!

### **Small Group Counseling**

Activities are designed to help students experience self-confidence, friendship, grief, decision making, attitude and behavior changes. Some groups are formed by grade level, and some are formed with students sharing common concern.

#### **Individual Counseling**

The counselor will work with students who are self-referred, teacher-referred, or parent referred.

### What is an elementary school counselor?

- A school person who provides services for all children
- A resource person for all staff members and parents
- A liaison with outside community agencies

What does the elementary counselor do?

- Conduct monthly classroom lessons
- Sees children in small groups
- Sees children individually
- Works with parents and staff members
- Works with personnel from community agencies
- Counsels, consults, and coordinates
- Uses a variety of media and techniques
- Gains understanding through observation