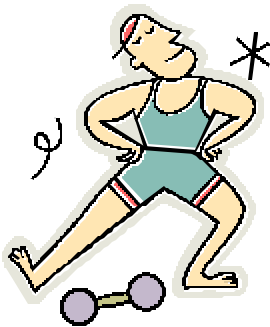


SUMMER CONDITIONING FOR EINSTEIN STUDENTS

This year we will be offering summer conditioning for any student interested in improving his/her speed, strength, and endurance. Coach Lockard and I will be at Einstein three days a week to help students. We will be here Mondays, Wednesdays, and Thursdays from 8:30-10:30am, except the first week. The first week will be from 2:45-4:30pm. Below are the specific dates:



<u>Monday</u>	<u>Wednesday</u>	<u>Thursday</u>
June 9	June 11	June 12
June 16	June 18	June 19
June 23	June 25	June 26
June 30	July 2	July 3
July 7*	July 9	July 10
July 14	July 16	July 17
July 21	July 23	July 24
July 28	July 30	July 31
August 4	August 6	August 7
August 11	August 13	August 14



*Incoming 9th grade students may participate in summer conditioning starting July 7.