

MARK YOUR CALENDAR

MCPS Black Mental Health and Wellness Fair April 26, 2025



Let's end the stigma.

Let's talk about mental health.

The Office of Well Being and Student Services in partnership with the Montgomery County African American Health Program will host a mental health and wellness fair to address the mental health concerns in the Black Community.

The Black Mental Health and Wellness Fair will take place on **Saturday, April 26, 2025 from 1:00-5:00 pm** at **Montgomery Blair High School, 51 University Blvd E, Silver Spring, Maryland 20901.**

A **free** event and

- Open to students, families, and staff
- Information about mental health and wellness;
- Workshops focusing on current issues impacting the Black community.

For details and announcements about activities, speakers, resources for students and staff, and how to join us, please visit www.montgomeryschoolsmd.org/mental-health/.

TOPICS

- Mental Wellness
- Coping with Stress
- School and Community Resources
- and more...



RSVP Here

