

JUNE 2023



Maryland's Largest School District  
**MONTGOMERY COUNTY PUBLIC SCHOOLS**  
Expanding Opportunity and Unleashing Potential



# Keeping an Open Mind

## ONLINE SEMINAR

An open mindset refers to a tendency to be receptive to new ideas and information. In this session, we will explore how to keep an open mind about ourselves and others and the benefits of keeping an open mind.

## LET US HELP

Visit your home page starting June 20th

IN-HOUSE EAP: 1.240.314.1040

Website: [www.montgomeryschoolsmd.org/departments/eap/](http://www.montgomeryschoolsmd.org/departments/eap/)

EXTERNAL EAP – KEPRO TOLL-FREE PHONE: 1.866.496.9599

KEPRO WEBSITE: [www.EAPHelplink.com](http://www.EAPHelplink.com)

COMPANY CODE: MCPS



## YOUR EMPLOYEE ASSISTANCE PROGRAM

Montgomery County Public Schools, in partnership with Kepro, offers a hybrid Employee Assistance Program (EAP) to assist in the management of workforce issues or personal challenges that may impact employee well-being. The EAP is available to offer a comprehensive approach to identifying issues impacting the employee and assist them in developing meaningful solutions.

**ALWAYS AVAILABLE | FREE | CONFIDENTIAL**