

Inspiring girls to be joyful, healthy and confident.

GIRLS ON THE RUN

FALL 2024 SEASON

SEASON DATES: SEPTEMBER 15TH - NOVEMBER 24TH





REGISTRATION CLOSES FRIDAY, SEPTEMBER 26TH AT 5PM

REGISTRATION IS FIRST COME, FIRST SERVE.

WWW.GIRLSONTHERUNOFMOCO.ORG



WHAT:

Girls on the Run is a transformational physical activity-based positive youth development program. We teach life skills through dynamic, interactive lessons and running games. The program aims to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. **Completing a 5K on November 24th** gives them a tangible opportunity to apply everything they have learned. Each participant receives a program t-shirt, water bottle, entry to the GOTR 5K, and a finisher medal.

WHO: The program is open to girls in 3rd-5th grade.

WHERE: Stonegate ES 14811 Notley Road

WHEN: Tuesday 3:30 PM – 4:45 PM and Thursday 3:30 PM – 4:45 PM

COST: \$187.50

FINANCIAL AID: The online registration process includes the fee reduction approval process. Simply

answer the financial aid questions during registration, and the computer will determine your

eligibility and adjust the fee accordingly.

HOW: Register on <u>girlsontherunofmoco.org</u> to sign up by September 26th. Space is limited.

QUESTIONS? Visit www.girlsontherunofmoco.org or call 301-881-3801 for more information.

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