



Preparing Boys
for the Long Run

Let Me Run is a 7-week running program just for elementary and middle school aged boys. Using a proven curriculum and passionate coaches, boys learn goal setting and teamwork, while developing resilience, confidence to be themselves and relationship skills.



Let Me Run

Join Let Me Run at Stonegate!

The Season

- The season begins on September 24, 2024
- Practice on Tuesdays and Thursdays from 3:30-4:45 for 7 weeks
- The end of season 5k is on Saturday, November 16, 2024
- Team coaches Tarnicka Congress, Joshua Allen, Mr. Hernandez, and Mr. Dylan Monday

The Details

- Open to boys from grades 3-5 of all ability levels

To register, go to letmerun.org/registration

