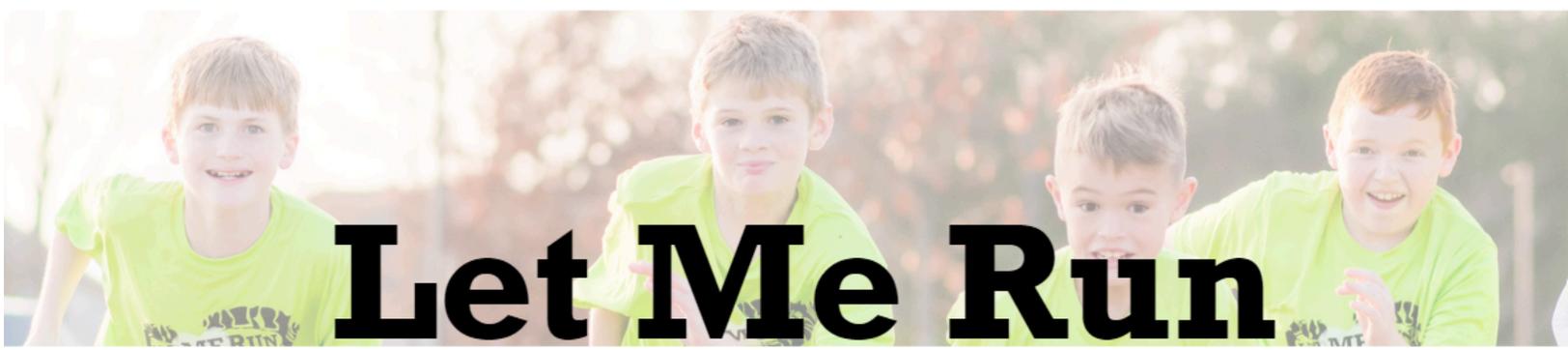




Preparing Boys  
for the Long Run

Let Me Run is a 7-week running program just for elementary and middle school aged boys. Using a proven curriculum and passionate coaches, boys learn goal setting and teamwork, while developing resilience, confidence to be themselves and relationship skills.



# Let Me Run

**Join Let Me Run at Stonegate!**

## The Season

- The season begins on April 22, 2025
- Practice on Tuesdays and Thursdays from 3:30-4:45 for 7 weeks
- The end of season 5k is on Saturday, June 7, 2025
- The team coaches are Coach Congress, Coach Allen, Coach George, and Coach Monday

## The Details

- Open to boys from grades 3-5 of all ability levels

To register, go to [letmerun.org/registration](https://letmerun.org/registration)



letmerun.org



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@letmerun\_boys



@LetMeRunboys