



DEPARTMENT OF THE NAVY  
NAVAL JUNIOR RESERVE OFFICERS TRAINING CORPS  
SENECA VALLEY HIGH SCHOOL  
19401 CRYSTAL ROCK DRIVE  
GERMANTOWN, MARYLAND 20874



## Plan of the Week

10-16 June 2024

**ALL HANDS ARE RESPONSIBLE FOR THE CONTENTS OF THE PLAN OF THE WEEK.**

**SNSI:** LCDR Hernandez USN, Ret

**NSI:** SCPO Hill USN Ret

**COMMANDING OFFICER:** C/LCDR Heisman

**EXECUTIVE OFFICER:** C/LT Cabrita

**COMMAND SENIOR CHIEF:** C/SCPO Jean-Baptiste

**UNIFORM OF THE DAY:** Navy Service Uniform

**Webpage URL:** <http://www.montgomeryschoolsmd.org/schools/senecavalleyhs/njrotc/njrotc.aspx>

Input to the POW is due in the POW box no later than Tuesday at 1500 a week prior, unless authorized by SNSI, NSI, CO, XO, or PAO

**WORD OF THE WEEK:** Compartment- Space enclosed by bulkhead, deck and overhead, same as a room in a building.

**MONDAY:** 10 June Academic Day  
0715-0730 POW meeting CIC: C/LT Cabrita  
1455-1540 Staff and Team Commanders meetings CIC: C/LCDR Heisman

**TUESDAY:** 11 June Academic Day  
0700-0730 Armed Basic team practice CIC: C/CPO Heisman  
1445 Summer plans for cadet staff and team commanders to SNSI

**WEDNESDAY:** 12 June PT Day  
0700-0730 Unarmed Basic team practice CIC: C/ENS Caballero  
1445-1600 Color Guard team practice CIC: C/ENS Moraes  
1445-1600 Armed Exhibition team practice CIC: C/LCDR Heisman

**THURSDAY:** 13 June Environmental Clean Up Day **EARLY RELEASE DAY, NO CROSS ENROLLED CADETS**  
0715-0730 Recruiting team Meeting CIC: C/CPO Heisman

**FRIDAY:** 14 June (START OF SUMMER BREAK NO SCHOOL)

**SATURDAY:** 15 June Study

**SUNDAY:** 16 June Rope yarn rest

**NOTE: Summer Practices to be announced. Have a Great Summer!**

TBA Summer Team practice dates to be announced (TBA)

10 & 11 July Supply and Armory inventories CIC: C/ENS Ejemai & C/ENS Briceno

*S. Cabrita*

C/LT Cabrita (XO)