



DEPARTMENT OF THE NAVY  
 NAVAL JUNIOR RESERVE OFFICERS TRAINING CORPS  
 SENECA VALLEY HIGH SCHOOL  
 19401 CRYSTAL ROCK DRIVE  
 GERMANTOWN, MARYLAND 20874



## Plan of the Week

20 – 26 January 2025

ALL HANDS ARE RESPONSIBLE FOR THE CONTENTS OF THE PLAN OF THE WEEK.

SNSI: LCDR Hernandez USN, Ret

NSI: SCPO Hill USN, Ret

COMMANDING OFFICER: C/LCDR Heisman

EXECUTIVE OFFICER: C/LT Cabrita

COMMAND SENIOR CHIEF: C/SCPO Jean-Baptiste

UNIFORM OF THE DAY: Navy Service Uniform

Webpage URL: <http://www.montgomeryschoolsmd.org/schools/senecavalleyhs/njrotc/njrotc.aspx>

Input to the POW is due in the POW box no later than Tuesday at 1500 a week prior, unless authorized by SNSI, NSI, CO, XO, or PAO

 **WORD OF THE WEEK: Court-Martial- Military court for trial of serious offenses (Summary, Special, and General courts-martial).**

**MONDAY: 20 Jan Dr. Martin Luther King Day NO SCHOOL**

**TUESDAY: 21 Jan** Academic Day  
 0715-0730 POW meeting CIC: C/LT Cabrita  
 1455-1615 Varsity & NS-1 Armed Basic teams practice CIC: C/CPO Heisman

**WEDNESDAY: 22 Jan** Uniform Inspection  
 1455-1615 Varsity & NS-1 Color Guard teams practice CIC: C/ENS Moraes

**THURSDAY: 23 Jan** Academic Day  
 1455-1615 Varsity & NS-1 Unarmed Basic teams practice CIC:C/ENS Caballero

**FRIDAY: 24 Jan** PT Day  
 1430 Essays for Joseph Gilliam Academic competition due to SNSI  
 1455-1615 Armed Basic team practice CIC: C/CPO Heisman

**SATURDAY: 25 Jan** Study

**SUNDAY: 26 Jan** Rope yarn rest

### UPCOMING EVENTS:

28 Jan ASVAB at Seneca Valley (8am Room 1601)  
 11 Feb Regional CTE Invitation night. CG CIC: C/ENS Moraes  
 15 Feb Easton Drill Meet CIC: C/ENS Bryant  
 24 Feb National Academic Exam (NAE) CIC: C/Amouzou  
 14 Mar Military Ball at Ingleside King Farm CIC: C/LCDR Heisman  
 30 May Seneca Valley graduation at UMBC. Color Guard & Honor Guard CIC: C/ENS Moraes  
 30 May Damascus graduation at DHS. Color Guard CIC: C/ENS Moraes  
 5 Jun Northwest graduation @ UMBC. Color Guard & Honor Guard CIC:C/ENS Moraes

*S. Cabrita*  
 C/LT Cabrita (XO)