



**DEPARTMENT OF THE NAVY  
NAVAL JUNIOR RESERVE OFFICERS TRAINING CORPS  
SENECA VALLEY HIGH SCHOOL  
19401 CRYSTAL ROCK DRIVE  
GERMANTOWN, MARYLAND 20874**



**Plan of the Week  
24 February- 2 March 2025**

**ALL HANDS ARE RESPONSIBLE FOR THE CONTENTS OF THE PLAN OF THE WEEK.**

SNSI: LCDR Hernandez USN, Ret

NSI: SCPO Hill USN, Ret

**COMMANDING OFFICER:** C/LCDR Heisman

**EXECUTIVE OFFICER:** C/LT Cabrita

**COMMAND SENIOR CHIEF:** C/SCPO Jean-Baptiste

**UNIFORM OF THE DAY:** Navy Service Uniform

**Webpage URL:** <http://www.montgomeryschoolsmd.org/schools/senecavalleyhs/njrotc/njrotc.aspx>

Input to the POW is due in the POW box no later than Tuesday at 1500 a week prior, unless authorized by SNSI, NSI, CO, XO, or PAO

**WORD OF THE WEEK:** Chain Locker- Space where anchor chain is stowed.

- MONDAY:** 24 February Drill Day  
0715-0730 POW Meeting CIC: C/LT Cabrita  
1455-1505 National Academic Exam CIC: C/SA Amouzou (BRING CHROMEBOOK OR PHONE)
- TUESDAY:** 25 February Academic Day  
1455-1620 Color Guard team practice CIC: C/ENS Moraes
- WEDNESDAY** 26 February Uniform Inspection Day  
1430 LOI for St Patrick's Day parade due to SNSI CIC: C/ENS Moraes  
1455-1510 Staff and team commanders meeting CIC: C/LCDR Heisman  
1510-1620 Sword Arch practice for Military Ball CIC: C/ENS Bryant
- THURSDAY:** 27 February Academic Day  
1445-1615 Armed Exhibition team practice CIC: C/LCDR Heisman
- FRIDAY:** 28 February PT Day Early Release day NO CROSS-ENROLLED CADETS  
1200-1400 Easton Drill Meet participant party/meeting CIC: C/LCDR Heisman
- SATURDAY:** 1 March Study
- SUNDAY:** 2 March Rope yarn rest

**NOTE: Sign up for 2025-2026 leadership positions begins 24 Feb.**

**UPCOMING EVENTS:**

- 14 Mar Military Ball at Ingleside King Farm CIC: C/LCDR Heisman
- 15 Mar St Patrick's Day Parade at Washingtonian Center. CG & Unarmed platoon CIC: C/ENS Moraes
- 05 May Annual Awards and Change of Command ceremony ALL HANDS CIC: C/LCDR Heisman
- 18 May Massing of Colors at Ft Meade Color Guard CIC: C/ENS Moraes
- 30 May Seneca Valley Graduation at UMBC. Color Guard & Honor Guard CIC: C/ENS Moraes
- 30 May Damascus Graduation at DHS Color Guard CIC: C/ENS Moraes
- 05 June Northwest Graduation at UMBC. Color Guard & Honor Guard CIC: C/ENS Moraes

*S. Cabrita*

C/LT Cabrita (XO)