

Supporting and Promoting the Wellbeing of Walt Whitman High School Students and Families

Referrals are coordinated through each school's Well-Being Social Worker or can be made by the family/student. The Bridge to Wellness team consists of:

Care Management Services

• Link students and families to community resources:

• Food

- Housing/rental assistanceInsurance/benefits
- Mental health provider
- Caregiver support
- Caregiver walking group
- Support caregivers in adjusting to High School

WWHS Care Manager:



Ms. Evelyn Kim <u>ekim@every-mind.org</u> Room 122B

Youth Development Services

- Mentoring
- Open lunch group
- Group activities
- Psychoeducation groups
- Recreation/sports activities
- Check-ins

Ms. Anna Burton aburton@every-mind.org Room C124

WWHS Youth Development Specialist



Mental Health Support Services

- individual, group, family therapy sessions
- supportive counseling
- skill building
- coping skills coaching

Mr. Shilong Hu shu@every-mind.org Room D122A

WWHS Therapist

