

MEET YOUR CAREER ADVISING COACH

MRS. AFRAM



MOCO CAP SERVICES

- Whole-group sessions
- Small-group sessions
- One-on-one sessions
- Meet-the-Pro sessions
- Student advisory council
- Hands-on workshops
- Career exploration activities

All using the RIASEC model to help students discover their strengths, interests, and values.

ABOUT ME:

Hello! My name is Mrs. Afram, and I've been a Career Advising Coach at North Bethesda for over a year. I'm a proud Ghanaian American and live in Ashburn, Virginia, with my husband. I studied at Maryville College and the University of Tennessee and spent over a decade as a teacher. I love traveling and spending time with my family. I split my time between North Bethesda and Eastern Middle School, and I truly enjoy working with both communities!

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Please visit: <https://moco-cap.com/> for more information about the Montgomery County Career Advising Program.