

# Montgomery County Public Schools

2018–2019

# Middle School Athletics Handbook

Office of the Chief Operating Officer  
Interscholastic Athletics

Dr. Andrew M. Zuckerman  
Chief Operating Officer

Mr. Jeffrey K. Sullivan  
Director of Systemwide Athletics

Ms. Kathy Green  
Athletics Specialist

Montgomery County Public Schools  
850 Hungerford Drive  
Rockville, Maryland 20850

MCPS Athletics Website:  
[www.montgomeryschoolsmd.org/departments/athletics](http://www.montgomeryschoolsmd.org/departments/athletics)  
Twitter: @MCPSAthletics

## ACKNOWLEDGEMENTS

The following workshop participants contributed to the creation of the *2018–2019 Middle School Athletics Handbook*:

Mr. Ryan Bingaman, Silver Creek Middle School

Mr. Jeffrey Brink, Julius West Middle School

Ms. Melanie Brouillard, Rocky Hill Middle School

Mr. Michael Endler, Sligo Middle School

Mr. Alex Evangelista, Briggs Chaney Middle School

Mr. Milton Thomas, Dr. Martin Luther King, Jr. Middle School

Mr. Joseph Wiegner, Forest Oak Middle School

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## **FOREWORD**

The Montgomery County Public Schools (MCPS) middle school interscholastic athletics program is a planned extension of the physical education instructional and intramural programs. Although the athletics program offers a higher level of competition, its primary purpose is to provide the opportunity for advanced skill development for all students in Grades 7 and 8 with interests and/or talents in athletics.

The middle school interscholastic athletics program operates under the jurisdiction of the Montgomery County Public Middle School Principals Association. This handbook provides administrators, athletic coordinators, and coaches with a reference to the administrative standards, guidelines and procedures that govern interscholastic athletics in MCPS middle schools.

The middle school program is administered by the MCPS Athletics Unit, including the director of systemwide athletics and the athletics specialist.

## **MODIFICATIONS AND CHANGES**

Procedures and regulations are modified each year to address emerging concerns. The following is a list of significant additions, revisions, or modifications to the MCPS middle school athletics program for the 2018–2019 school year:

- The MCPS philosophy of interscholastic athletics, including the vision, mission, purpose and R.A.I.S.E. core values have been included in the handbook (page 4).
- The responsibilities of the league coordinator have been added to the handbook (page 12).
- Procedures and guidelines regarding the eligibility and selection of coaches have been clarified (pages 18-19).
- The Alleson Athletic Extreme mesh sleeved reversible jersey is now the standard middle school jersey, replacing the Cobblestone game jersey (page 26).
- The Alleson Tank jersey has been approved for optional use for basketball and cross country (page 26).
- The MCPS artificial surface heat guidelines have been included in the handbook (page 28).
- The NFHS revised guidelines regarding soccer uniforms will be implemented during the 2019 boys' and girls' soccer season (page 43).

## **MCPS PHILOSOPHY**

MCPS believes participation in interscholastic athletics supports the overall mission of the school district to ensure that every student will have the academic, creative problem solving, and social emotional skills to be successful in college and career. The MCPS philosophy of interscholastic athletics is founded in our vision, mission, purpose, and R.A.I.S.E. core values, which were established in July 2017.

## **VISION**

We promote academic excellence, athletic achievement, positive sportsmanship, and upstanding citizenship by providing the greatest education-based interscholastic athletics program.

## **MISSION**

Every student-athlete will attain the mental, moral, physical, and social-emotional skills to excel in the classroom, community, and the realm of competition.

## **PURPOSE**

To provide an innovative education-based interscholastic athletics program that maximizes diverse participation through a commitment to equity and access.

## **R.A.I.S.E. CORE VALUES**

Respect & Sportsmanship

Academic Excellence

Integrity & Character

Spirited, Safe Competition

Equity & Access



## **LOGO**

The official logo for the MCPS athletics program depicted above was established in 2018 and is used to promote the MCPS athletics program. The design incorporates the colors and components of the Montgomery County flag, along with an outline of the county and the MCPS logo. The R.A.I.S.E. core values are proudly displayed in the outer rim of the logo.

## **#WeRAISE**

Coaches, student-athletes, athletic directors and stakeholders across the MCPS athletics program are encouraged to celebrate and promote examples and accomplishments that exemplify our R.A.I.S.E. core values. When doing so on social media platforms, users are encouraged to use the hashtag #WeRAISE.

## 2018–2019 MIDDLE SCHOOL LEAGUES

<b>Coordinator: Melanie Brouillard Rocky Hill</b>		<b>Coordinator: Michael Endler Sligo</b>	
<b><u>League I</u></b>		<b><u>League II</u></b>	
<b>Division A</b>	<b>Division B</b>	<b>Division A</b>	<b>Division B</b>
John T. Baker	Martin Luther King	Eastern	Benjamin Banneker
Roberto Clemente	Kingsview	Newport Mill	Briggs Chaney
Neelsville	Lakelands Park	Silver Spring Int'l	Francis Scott Key
Rocky Hill	John Poole	Sligo	Col. E. Brooke Lee
Hallie Wells	Ridgeview	Takoma Park	White Oak
<b>Coordinator: Jeff Brink Julius West</b>		<b>Coordinator: Joe Wiegner Forest Oak</b>	
<b><u>League III</u></b>		<b><u>League IV</u></b>	
<b>Division A</b>	<b>Division B</b>	<b>Division A</b>	<b>Division B</b>
North Bethesda	Cabin John	Forest Oak	Argyle
Thomas W. Pyle	Robert Frost	Gaithersburg	William H. Farquhar
Silver Creek	Herbert Hoover	Montgomery Village	A. Mario Loiederman
Tilden	Julius West	Redland	Parkland
Westland	Earle B. Wood	Shady Grove	Rosa M. Parks

## 2018–2019 CHRONOLOGICAL LIST OF SPORTS

### **Fall Season – Softball (Slow Pitch): Boys' and Girls' Grades 7/8**

The fall season begins September 11, 2018, and runs through November 8, 2018.  
Roster day is September 28, 2018.  
The first contest is October 3, 2018.

### **Fall Season – Cross Country: Coed Grades 7/8**

The fall season begins September 11, 2018, and runs through November 8, 2018.  
Roster day is September 28, 2018.  
The first contest is October 3, 2018.

### **Winter Season – Basketball: Boys' and Girls' Grades 7/8**

The winter season begins November 27, 2018, and runs through February 14, 2019.  
Roster day is December 21, 2018.  
The first contest is January 3, 2019.

### **Spring Season – Soccer: Boys' and Girls' Grades 7/8**

The spring season begins March 5, 2019, and runs through May 16, 2019.  
Roster day is March 22, 2019.  
The first contest is March 27, 2019.

## MIDDLE SCHOOL ATHLETICS DIRECTORY

SCHOOL NAME	MASCOT	COLORS	ATHLETIC COORDINATOR	PHONE
Argyle	Eagles	Purple/Teal	Eric Franklin	301-460-2400
John T. Baker	Bulldogs	Red/White/Blue	Scott Frye	240-207-2440
Benjamin Banneker	Bobcats	Blue/Orange	Pearl Vails	301-989-5747
Briggs Chaney	Bears	Red/White/Black	Alex Evangelista	301-989-6000
Cabin John	Cougars	White/Blue	Jeff Fritz	240-406-1600
Roberto Clemente	Golden Hawks	Black/Gold	Jason Maxey Dave Hudson	301-284-4750
Eastern	Eagles	Black/Old Gold	James Herbold	301-650-6650
William H. Farquhar	Road Runners	Royal Blue/Gold	John Vukovich	240-740-1200
Forest Oak	Cougars	Black/Gold/White	Lisa Martin	301-670-8242
Robert Frost	Eagles	Blue/Gold	Robert DeSanto	301-279-3949
Gaithersburg	Vikings	Blue/White	Joe Schultze	301-840-4554
Herbert Hoover	Chargers	Maroon/White	Laura Hamilton	301-968-3740
Francis Scott Key	Eagles	Red/White/Blue	Floyd Branch	301-422-5600
Dr. Martin Luther King, Jr.	Panthers	Navy/Light Blue	TBD	301-353-8080
Kingsview	Panthers	Teal/Black/Silver	Kirk Myers	301-601-4611
Lakelands Park	Falcons	Navy/Silver	Lisa Hering	301-670-1400
Col. E. Brooke Lee	Cougars	Maroon/Gold	Claudia Guay	240-740-4150
A. Mario Loiederman	Lions	Royal Blue/White	David Corcoran	301-929-2282
Montgomery Village	Mustangs	Maroon/White	Nikki Williams	301-840-4660
Neelsville	Knights	Royal Blue/White	Booker Massey	301-353-8064
Newport Mill	Tigers	Royal Blue/Silver	Samantha Fean	301-929-2244
North Bethesda	Phoenix	Royal Blue/Kelly Green	Emily Reuter	240-740-2100
Parkland	Panthers	Red/White/Black	Brendan Flanagan	301-438-5700
Rosa M. Parks	Dolphins	Teal/Silver	Evan Miller	240-740-3300
John Poole	Timberwolves	Royal Blue/Silver	Scott Willett Kim Gerrie	240-740-4200
Thomas W. Pyle	Panthers	Red/Black	TJ Caswell	240-740-3500
Redland	Bulldogs	Scarlet/Columbia	Lori Enicks-Kniss	240-740-0900
Ridgeview	Bobcats	Black/Red	Peter Greenwood	240-406-1300
Rocky Hill	Wildcats	Navy/Silver	Melanie Brouillard	301-353-8282
Shady Grove	Timberwolves	Royal Blue/Gray	Ellsworth Bergan	240-740-1440
Silver Creek	Huskies	Royal Blue/Silver	Ryan Bingaman	240-740-2200
Silver Spring International	Jaguars	Med. Blue/Forest Green/Silver	Adam Seidman	240-740-2750
Sligo	Stallions	Blue/Gold	Mike Endler	301-287-8890
Takoma Park	Blue Devils	Navy/White	Brian Baker	301-650-6444
Tilden	Timberwolves	Navy/Gold	Michelle Cassels	301-230-5930
Hallie Wells	Mustangs	Red/Black/Silver	Phil Finelli	301-284-4800
Julius West	Jaguars	Blue/White	Jeff Brink	301-337-3400
Westland	Wildcats	Blue/Gold	Michelle Clise	301-320-6515
White Oak	Wildcats	Blue/White	Desmin Wade	301-288-8200
Earle B. Wood	Mustangs	Blue/White	Kevin Monroe	301-460-2150

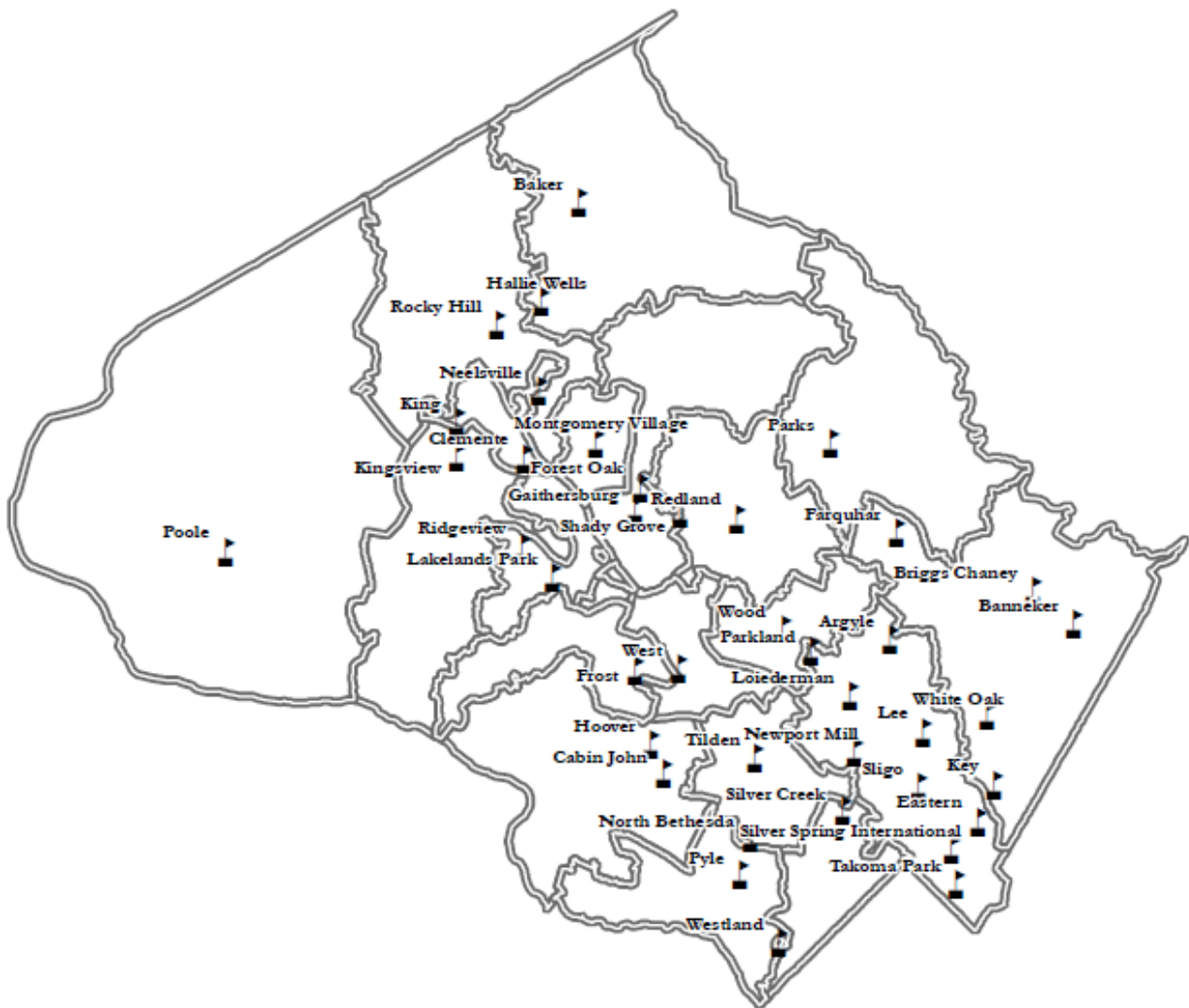
## ADDRESSES FOR MCPS MIDDLE SCHOOLS

<b>Argyle</b>	2400 Bel Pre Road, Silver Spring 20906
<b>John T. Baker</b>	25400 Oak Drive, Damascus 20872
<b>Benjamin Banneker</b>	14800 Perrywood Drive, Burtonsville 20866
<b>Briggs Chaney</b>	1901 Rainbow Drive, Silver Spring 20905
<b>Cabin John</b>	10701 Gainsborough Road, Potomac 20854
<b>Roberto Clemente</b>	18808 Waring Station Road, Germantown 20874
<b>Eastern</b>	300 University Boulevard, East, Silver Spring 20901
<b>William H. Farquhar</b>	16915 Batchellors Forest Road, Olney 20832
<b>Forest Oak</b>	651 Saybrooke Oaks Boulevard, Gaithersburg 20877
<b>Robert Frost</b>	9201 Scott Drive, Rockville 20850
<b>Gaithersburg</b>	2 Teachers' Way, Gaithersburg 20877
<b>Herbert Hoover</b>	8810 Postoak Road, Potomac 20854
<b>Francis Scott Key</b>	910 Schindler Drive, Silver Spring 20906
<b>Dr. Martin Luther King, Jr.</b>	13737 Wisteria Drive, Germantown 20874
<b>Kingsview</b>	18909 Kingsview Road, Germantown 20874
<b>Lakelands Park</b>	1200 Main Street, Gaithersburg 20878
<b>Col. E. Brooke Lee</b>	11800 Monticello Avenue, Silver Spring 20902
<b>A. Mario Loiederman</b>	12701 Goodhill Road, Silver Spring 20906
<b>Montgomery Village</b>	19300 Watkins Mill Road, M. Village 20886
<b>Neelsville</b>	11700 Neelsville Church Road, Germantown 20876
<b>Newport Mill</b>	11311 Newport Mill Road, Kensington 20895
<b>North Bethesda</b>	8935 Bradmoor Drive, Bethesda 20817
<b>Parkland</b>	4610 West Frankfort Drive, Rockville 20853
<b>Rosa M. Parks</b>	19200 Olney Mill Road, Olney 20832
<b>John Poole</b>	17014 Tom Fox Avenue, Poolesville 20837
<b>Thomas W. Pyle</b>	6311 Wilson Lane, Bethesda 20817
<b>Redland</b>	6505 Muncaster Mill Road, Rockville 20855
<b>Ridgeview</b>	16600 Raven Rock Drive, Gaithersburg 20878
<b>Rocky Hill</b>	22401 Brick Haven Way, Clarksburg 20871
<b>Shady Grove</b>	8100 Midcounty Highway, Gaithersburg 20877
<b>Silver Creek</b>	3701 Saul Road, Kensington 20895
<b>Silver Spring International</b>	313 Wayne Avenue, Silver Spring 20910
<b>Sligo</b>	1401 Dennis Avenue, Silver Spring 20902
<b>Takoma Park</b>	7611 Piney Branch Road, Silver Spring 20910
<b>Tilden</b>	11211 Old Georgetown Road, Rockville 20852
<b>Hallie Wells</b>	11701 Little Seneca Parkway, Clarksburg 20871
<b>Julius West</b>	651 Great Falls Road, Rockville 20850
<b>Westland</b>	5511 Massachusetts Avenue, Bethesda 20816
<b>White Oak</b>	12201 New Hampshire Avenue, Silver Spring 20904
<b>Earle B. Wood</b>	14615 Bauer Drive, Rockville 20853
<b>CESC – Athletics Office</b>	850 Hungerford Drive, Rockville 20850, Rm 174



# MAP OF MCPS MIDDLE SCHOOLS

## Cluster Service Areas and Middle School Locations 2018-2019



## FREQUENTLY USED CONTACT INFORMATION

	Phone Number	Website/E-mail
MCPS Athletics – CESC, Room 174 Fax Number	240-453-2594 301-279-3104	<a href="http://www.montgomeryschoolsmd.org/departments/athletics">www.montgomeryschoolsmd.org/ departments/athletics</a>
Mr. Jeffrey K. Sullivan, Director, Systemwide Athletics	240-453-2594	<a href="mailto:Jeffrey_K_Sullivan@mcpsmd.org">Jeffrey_K_Sullivan@mcpsmd.org</a>
Ms. Kathy Green, Athletics Specialist	240-453-2594	<a href="mailto:Elizabeth_K_Green@mcpsmd.org">Elizabeth_K_Green@mcpsmd.org</a>
Ms. Robin McCue, Athletics Secretary	240-453-2594	<a href="mailto:Robin_T_McCue@mcpsmd.org">Robin_T_McCue@mcpsmd.org</a>
Mrs. Dawn Robinson, Athletics Secretary	240-453-2594	<a href="mailto:Dawn_B_Robinson@mcpsmd.org">Dawn_B_Robinson@mcpsmd.org</a>
MCPS School Safety and Security	301-279-3066	<a href="http://www.montgomeryschoolsmd.org/departments/security">www.montgomeryschoolsmd.org/ departments/security</a>
Animal Control <i>*for an animal attack or wild animal emergency, dial 911 or 301-279-8000</i>	240-773-5900	<a href="http://www.montgomerycountymd.gov/animalservices">www.montgomerycountymd.gov/ animalservices</a>
Sara Tenenbaum, Community Use of Public Facilities (CUPF) – Contact for MCPS Fields	240-777-2725	<a href="mailto:Sara.Tenenbaum@montgomerycountymd.gov">Sara.Tenenbaum@ montgomerycountymd.gov</a>
Brent Conner – Park and Planning Field Preparation for MCPS Fields: Ruppert Landscaping (grass and field lining)	240-876-1636	<a href="mailto:Brent.Conner@montgomeryparks.org">Brent.Conner@montgomery parks.org</a>
Poison Center – Emergency number	1-800-222-1222	<a href="http://www.poison.org">www.poison.org</a>
Montgomery County Police	301-279-8000	<a href="http://www.mymcpnews.com">http://www.mymcpnews.com</a>

## OFFICIALS: COMMISSIONERS AND ASSIGNORS

<u>Sport</u>	<u>Commissioner</u>	<u>Phone Number</u>
Basketball	Doug Buschman E-mail: <a href="mailto:doug.buschman@gmail.com">doug.buschman@gmail.com</a>	301-447-2036
Soccer	Wendell Hughes E-mail: <a href="mailto:mwsra.whughes@gmail.com">mwsra.whughes@gmail.com</a>	202-487-0381 240-988-7926 (CELL) *Emergency Only*
Softball	Al Palmer E-mail: <a href="mailto:palmeral@comcast.net">palmeral@comcast.net</a>	301-924-2464

## 2018–2019 OPERATIONAL SCHOOL CALENDAR

July 4	Holiday*—Independence Day	Administrative offices and schools closed
Aug. 27–31	Professional days for teachers	No school for students
Sept. 3	Holiday*—Labor Day	Administrative offices and schools closed
Sept. 4	First day of school for students	
Sept. 10	Holiday*—Rosh Hashanah	No school for students and teachers
Sept. 19	Holiday*—Yom Kippur	No school for students and teachers
Oct. 5	Early release day, K-12	Students dismissed after lunch
Nov. 6	General Election Day	Administrative offices and schools closed
Nov. 7	Early release day, K-12	Students dismissed after lunch
Nov. 12	Early release day, K-12	Students dismissed after lunch
Nov. 13	Early release day, K-12	Students dismissed after lunch
Nov. 21	Early release day, K-12	Students dismissed after lunch
Nov. 22–23	Holidays*—Thanksgiving	Administrative offices and schools closed
Dec. 24-31	Winter Break	No school for students and teachers
Jan. 1	Holiday*—New Year's Day	Administrative offices and schools closed
Jan. 21	Holiday*—Dr. Martin L. King, Jr. Day	Administrative offices and schools closed
Jan. 25	Early release day, K-12	Students dismissed after lunch
Jan. 28	Professional day for teachers	No school for students
Feb. 18	Holiday*—Presidents Day	Administrative offices and schools closed
Mar. 1	Early release day, K-12	Students dismissed after lunch
Apr. 3	Early release day, K-12	Students dismissed after lunch
Apr. 17–22	Spring Break	No school for students and teachers
May 27	Holiday*— Memorial Day	Administrative offices and schools closed
June 5	Professional day for teachers	No school for students
June 13	Last day of school for students	Students dismissed after lunch
June 14	Professional day for teachers	

### REPORT CARD DISTRIBUTION DATES

First Quarter: November 20, 2018  
 Second Quarter: February 6, 2019  
 Third Quarter: April 16, 2019  
 Fourth Quarter: June 24, 2019 (mailed)

## SCHOOL ADMINISTRATION RESPONSIBILITIES

The principal has the responsibility to oversee and monitor the interscholastic athletics program within the school.

### RESPONSIBILITIES

1. Select, observe, and evaluate each coach in consultation with the athletic coordinator.
2. Fill coaching vacancies according to the negotiated agreement between the MCPS Board of Education and Montgomery County Education Association (MCEA). Guidelines for hiring MCPS supporting services personnel to athletic stipend positions can be found in the *MCPS Extracurricular Activities Handbook* which is available online on the MCPS website. There is a maximum of two coaches per team in the middle school program, as outlined in the coaching eligibility/selection section of this handbook.
3. Ensure that all contests are adequately supervised by administrators, chaperones, and/or security personnel. Security assistants or MCPS unit members may be used for security supervision at athletic events. Security personnel may be compensated for a maximum of three hours overtime per assigned contest. MCPS unit members will be paid the hourly stipend rate. Funds for security are included in the middle school athletics allocation.
4. Inform students, parents, and fans of appropriate conduct at athletic contests.
5. Inform students that they may not attend away athletic contests.
6. Authorize payment of athletic expenses in accordance with MCPS guidelines.
7. Collaborate with coaches and the athletic coordinator to ensure that they are fulfilling their responsibilities.
8. Coordinate the use of physical education facilities by other groups (drama, music, and assemblies) in consultation with the physical education department chairperson or resource teacher, and the athletic coordinator.
9. When necessary, appoint a student eligibility committee that consists of the student's team of teachers. The purpose of this committee is to write and monitor contracts for individual students who need to establish and maintain academic eligibility. Each committee should also include an administrator and a counselor.

The athletics specialist will meet with principals as needed to discuss the athletics program and procedures.

## **LEAGUE COORDINATOR RESPONSIBILITIES**

The league coordinator is expected to assist athletic coordinators and the athletics specialist in the administration, implementation, and coordination of the middle school athletics program. The league coordinator serves as a liaison between athletic coordinators and the athletics specialist.

### **RESPONSIBILITIES**

1. Review the middle school athletics comprehensive calendar with athletic coordinators highlighting season start and end dates, roster dates, meeting dates, and post-season evaluation deadlines.
2. Attend countywide athletic coordinator meetings.
3. Confirm officials for all league contests and rescheduled contests.
4. Collaborate with athletic coordinators to arrange transportation for league and rescheduled contests, and notify athletic coordinators regarding transportation logistics.
5. Confirm that final transportation invoices are sent to each league school from the transportation company.
6. Ensure that, prior to the start of each season, athletic coordinators are aware of the proper preparation of facilities and equipment.
7. Assist athletic coordinators with managing the MCPS FileMaker roster database and ensure that each league school has submitted an athletic roster for each team to the athletics specialist prior to the first play date.
8. Inform athletic coordinators of MCPS rules and procedures for:
  - Dismissal for Contests
  - Eligibility
  - Ejections
  - Facilities
  - Game Security
  - Locker room supervision
  - Practices
  - Scouting
  - Scrimmages
  - Transportation
  - Uniforms
  - Weather Emergencies (thunder/lightning, temperature guidelines)
9. Assist the athletics specialist with advertising the CPR/AED training dates for middle school athletic coordinators and coaches.
10. Remind athletic coordinators to ensure that coaches have presented the MCPS Health and Safety PowerPoint presentation to student-athletes prior to the season.

## ATHLETIC COORDINATOR RESPONSIBILITIES

The athletic coordinator is responsible for organizing and administering the athletics program and shall provide leadership that will ensure positive educational experiences for students. The athletic coordinator must be an MCPS unit member.

### RESPONSIBILITIES

1. Serve as the liaison between administrators, the physical education department chairperson/resource teacher, and coaches.
2. Attend countywide meetings on **August 30, 2018**, and **June 6, 2019**.
3. Coordinate facilities and equipment with the administration and appropriate personnel.
4. Maintain accurate financial records for all accounts:
  - Equipment and supplies
  - Officials
  - Security
  - Transportation
  - Ticket Sales
5. Collaborate with administrators, the league coordinator, the financial specialist, and coaches to arrange for transportation for away contests.
6. Provide appropriate supervision for all home contests.
7. Provide each coach and administrator with a current *Middle School Athletics Handbook* and ensure that coaches are aware of their responsibilities.
8. Ensure that prior to the start of each season, coaches are aware of the proper preparation of facilities and equipment.
9. Utilize the MCPS FileMaker roster database and other sources to verify the eligibility of all participating student-athletes.
10. Ensure that all health inventory forms are forwarded to the school nurse, and parent/guardian permission forms are completed and filed.
11. Provide coaches with necessary forms and information, including:
  - *Athletic Roster: Middle School* (MCPS Form 345–45)
  - Pre-Participation Physical Evaluation for Athletics (MCPS Form SR–8)
  - Parent/Guardian Permission Form
  - Private Transportation Form (MCPS Form 560–31)
  - Medical Card for Athlete (MCPS Form 560–30)
  - End-of-Season Evaluation Link
12. Collect a complete, accurate electronic athletic roster from each coach prior to the designated “roster day” for each season. Teams may not practice or compete on “roster day” or thereafter until a complete roster has been submitted and approved.
13. Submit an athletic roster for each team to the athletics specialist by fax, email or MCPS Pony prior to the first scheduled contest of each sports season.
14. Inform coaches of MCPS and local school rules and procedures for:
  - Transportation
  - Early dismissals
  - Locker room supervision
  - Security
  - Emergencies
  - Field/Gymnasium Preparation

15. Reschedule postponed contests according to the established procedures outlined in the General Standards and Procedures section of this handbook.
16. Publicize the athletics program and results through the following:
  - PTSA newsletter
  - Connect-Ed
  - E-mail listservs
  - Bulletin boards and announcements
  - School website
  - Social Media
17. Coordinate the following with the physical education department chairperson/resource teacher:
  - Budget requests
  - Requests for replacement of supplies and/or equipment
  - Requests for maintenance of equipment and facilities
  - Inventory of equipment
18. Order, maintain, and inventory equipment, supplies, and uniforms.
19. Assist administration in the selection, observation, and evaluation of coaches. There is a maximum of two coaches per team in the middle school program, as outlined in the coaching eligibility and selection section of this handbook.
20. Submit all End-of-Season Evaluations to the athletics specialist within one week of the end of the season.
21. Where applicable, ensure that basketball receipts and ticket sales procedures comply with MCPS procedures.
22. Notify the central office athletic specialist if a serious injury occurs.
23. Submit the Athletic Coordinator Evaluation, Athletic Expenditure Summary Form and Athletic Account History Report to the athletics specialist by the year-end athletics coordinators' meeting.
24. Have a working knowledge of the MCPS protocol regarding head injuries and concussions.
25. Ensure that all coaches have completed the NFHS courses *Concussion in Sports* and *Sudden Cardiac Arrest*, every two years. Courses are found at [www.nfhslearn.com](http://www.nfhslearn.com).
26. Have a working knowledge of MCPS health and safety guidelines as outlined in the athletics section of the MCPS website and the ability to handle emergency situations according to local school procedures. It is recommended that coaches and athletic coordinators take the MCPS Staff Development Course *Care and Prevention of Athletic Injuries*.
27. Achieve and retain current certification in CPR/AED. Verify that all athletic department coaches retain current certification in CPR/AED and assist in coordinating training sessions when necessary.
28. Utilize social media and other technology in appropriate, positive ways.
29. Complete the NFHS online Coaches' Education Course entitled *Bullying, Hazing & Inappropriate Behaviors* prior to the start of their first season. The course may be found at [www.nfhslearn.com](http://www.nfhslearn.com).

## COACH RESPONSIBILITIES

The coach is expected to provide an atmosphere in which all athletes are treated in a fair and equitable manner. The coach shall exercise appropriate leadership to ensure that the program has a positive and productive influence on the total educational experience of athletes.

### RESPONSIBILITIES

1. Implement procedures outlined in the current *MCPS Middle School Athletics Handbook*.
2. Provide the athletic coordinator with a complete, accurate, signed, electronic athletic roster prior to the designated “roster day” for each season. Teams may not practice or compete on roster day or thereafter, until a complete roster has been submitted and approved by the athletic coordinator.

#### Roster Days

Softball—September 28, 2018

Cross Country—September 28, 2018

Basketball—December 21, 2018

Soccer—March 22, 2019

3. Inform students and parents of the inherent dangers of participating in athletics.
4. Have a thorough knowledge of the sport, including current trends related to the sport, adequate skill background in the sport, and an ability to encourage maximum student participation in the sport.
5. Have a working knowledge of MCPS health and safety guidelines as outlined in the athletics section of the MCPS website and the ability to handle emergency situations according to local school procedures. It is recommended that coaches take the MCPS Staff Development Course in the Care and Prevention of Athletic Injuries.
6. Have a working knowledge of the MCPS protocol regarding head injuries and concussions.
7. Complete the coaching certification requirements as outlined in the coaching eligibility and selection section of this handbook.
8. Utilize social media and other technology in appropriate, positive ways.
9. Report all accidents on MCPS Form 525–2, *Student Accident Report*, and submit to the school nurse. Notify the athletic coordinator of any injuries for which a report is submitted.
10. Organize tryouts, practices, and contests within defined MCPS guidelines as described in the current *Middle School Athletics Handbook*.
11. Prepare, line, and maintain the game field and/or arrange for gymnasium set-up.
12. Attend to preseason tasks:
  - Encourage schoolwide student participation.
  - Complete athletic roster, Form 345–45.
  - Collect Medical Evaluation for Interscholastic Athletics, SRS–8.
  - Collect Parent/Guardian Permission Form.
  - Collect Private Transportation Form 560–31.
  - Collect Individual Medical Card, Form 560–30.
  - Inventory uniforms, equipment, and first aid kit.
  - Ensure that each athlete has met the student eligibility requirements as outlined in the Eligibility section of this handbook.



- Establish written team selection criteria and distribute to students prior to tryouts.
13. Attend to in-season tasks:
- Establish and inform athletes of guidelines and regulations established by MCPS, the local school, and the individual coach.
  - Plan and conduct practice sessions and have the team participate in all scheduled contests.
  - Implement safety procedures, such as first aid, reporting injuries, and ensuring proper condition of equipment and facilities.
  - Arrange for transportation in consultation with the athletic coordinator.
  - Accompany team members or assign an MCPS unit member to accompany the team when traveling to away contests.
  - Obtain class coverage, when needed, for away contests.
  - Supervise locker rooms before and after all practices and contests.
  - Supervise students until they are safely transported off school property.
14. Attend to postseason tasks:
- Submit Postseason Checklists and End-of-Season Evaluation to the athletic coordinator within one week of the conclusion of the season.
  - Collect uniforms from team members and assess obligations for lost or damaged uniforms. Charge individual team members for the cost of all lost equipment, supplies, and uniforms.
  - Inventory supplies and equipment and report to the athletic coordinator.

## CODE OF ETHICS FOR COACHES

This code of ethics has been endorsed by MCPS middle school principals, athletic coordinators, and coaches.

As a professional educator, I will:

- Promote the philosophy of MCPS Athletics, including the vision, mission, purpose, and R.A.I.S.E. core values.
- Ensure that every aspect of the athletics program is free of gender and ethnic discrimination.
- Model and promote the highest moral character, behavior, sportsmanship and leadership.
- Demonstrate a commitment to the academic achievement of student-athletes.
- Strive to develop in each athlete qualities of leadership, initiative, good judgment and sportsmanship.
- Respect the integrity and personality of the individual athlete in the selection of the team, as well as in the playing of the game.
- Foster positive public relations with the faculty and community.
- Promote healthy habits, including the establishment of sound training rules.
- Provide an environment free of safety hazards.
- Promote ethical relationships among coaches.
- Encourage respect for the value of athletics.
- Abide by the rules of the game in letter and spirit.
- Respect the integrity and judgment of sports officials.
- Display modesty in victory and graciousness in defeat.
- Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.
- Demonstrate a sincere interest in the success of the entire athletics program and not just a particular sport.

## COACHING ELIGIBILITY AND SELECTION

When hiring athletic coaches, schools must follow procedures and guidelines contained in the *Extracurricular Activities (ECA) Handbook* provided by the MCPS Employee and Retiree Service Center (ERSC). The *ECA Handbook* is available on the MCPS website.

Below is a partial list of procedures and guidelines. Coaching applicants shall not meet with students or conduct practices until the school receives verification and approval of the ECA plan from ERSC.

### 1. COACHING STAFF

There is a limit of two coaches per team in the middle school program as follows:

- A. Two coaches who share a stipend and are listed on the school's official ECA plan as co-coaches of the team.
- B. One stipend coach and one volunteer coach. Volunteer coaches must be local school MCPS employees.

Parents of players may not assist the coach in practices or contests. Parents of players and additional volunteers may only be used as scorekeepers, lines persons, statisticians, or cross country course monitors and timers.

### 2. COACHING CERTIFICATION REQUIREMENTS

All MCPS paid stipend coaches must do the following:

- A. Complete the NFHS Coaches' Education Course entitled *Bullying, Hazing, and Inappropriate Behaviors* prior to the start of their first season.
- B. Achieve and retain current certification in CPR/AED.
- C. Complete the NFHS Coaches' Education Course *Concussion in Sports* every two years.
- D. Complete the NFHS Coaches' Education Course *Sudden Cardiac Arrest* every two years.
- E. Complete annual training for compliance as outlined by MCPS policies and regulations.
- F. Complete safety training as appropriate, including training in diabetes management.
- G. *Optional:* Complete the one-credit MSDE course *Care & Prevention of Athletic Injuries*.

### 3. SELECTION PRIORITY

Schools must hire coaches to vacant positions according to the following priority:

- A. Unit Member: Qualified, certified MCPS teacher-level staff must be hired for coaching vacancies before non-MCPS teacher-level staff are considered.
- B. Non-Unit Members: If there are no qualified MCPS teacher-level staff available for a vacant coaching position, schools may hire non-unit members as follows:
  1. A qualified MSDE-certified professional educator.
  2. If there are no qualified MSDE-certified professional educators available, schools may hire qualified high school graduates who are at least 21 years of age.

### 4. HIRING OF COACHES

MCPS Form 430-59 *Extracurricular Activity (ECA) Stipend Agreement and Assignment* shall be used when hiring coaches. Refer to the current *ECA Handbook* for activity codes and descriptions, approval procedures and payments of stipends. ECA stipend

pay rates are published in the current ERSC Salary Schedule and in the negotiated agreement with MCEA.

## **5. COMPENSATION OF COACHES**

Salaries for coaches will be paid by MCPS. Coaches are MCPS employees and may be compensated only through the standard payroll procedure. Volunteer coaches are not to be paid. Coaches' salaries (stipends) and general expectations are described in the *MCPS ECA Handbook* provided by ERSC.

## **6. EVALUATION OF COACHES**

Coaches shall be evaluated annually by the principal and athletic coordinator. MCPS Form 565-13: *Coach Evaluation Form*, shall be used.

## **7. SUPPORTING SERVICES EMPLOYEES**

Supporting services employees may be eligible for stipend activities if the following guidelines are met:

- A. The school has sought teacher-level applicants and does not have a qualified candidate who is interested, AND
  - 1. The employee volunteered to take the assignment, AND
  - 2. The employee is part-time with enough remaining time to conduct the activity without exceeding 40 hours per week, OR
  - 3. The employee is full-time but the stipend requires work in a different capacity than his/her normal work. The *Fair Labor Standards Act* considers anything instructional to be similar work. Therefore, the regular work of an employee must not be instructionally related. In general, significant contact with students is considered to be instructionally related. Employees in such positions as para-educators, media assistants, and career information coordinators are considered instructional under this limitation and may not work in a stipend activity if it would require beyond 8 hours a day or 40 hours a week.
- B. Full-time supporting services personnel whose major job description involves working directly with students may not be hired under any circumstances. Full-time supporting services personnel who may be hired in extraordinary circumstances include building service workers, security assistants, instructional data assistants, and media service technicians.

## **8. COACHING RESTRICTIONS**

- A. Coaching applicants, including former MCPS employees who have been inactivated, may not meet with students or conduct practices until all employment paperwork and fingerprinting has been completed by appointment with the Office of Human Resources and Development. When the Office of Human Resources and Development/ERSC processing is completed and an ID number is assigned, the employee's name, ID number, and ECA assignment should be submitted to the Office of School Support and Improvement to be added to the school's ECA Plan.
- B. There is no tenure associated with coaching positions. Coaches are hired on a one-season basis.

## ELIGIBILITY

### 1. ELIGIBILITY

- A. All students must meet the following eligibility requirements to participate in tryouts:
  - 1. Be enrolled in the MCPS middle school for which he/she competes
  - 2. Submit completed, current Health Evaluation (MCPS Form SR-8)
  - 3. Submit completed, Medical Card for Athlete (MCPS Form 560-30)
  - 4. Submit parent permission form
  - 5. Meet academic standards
  - 6. Meet age requirement
  - 7. Where applicable, complete school/student contract
- B. Students enrolled in physical education must actively participate in class; otherwise, they may not practice or compete in a contest on that day. Students medically excused are not eligible for athletics during that period of time.

### 2. ACADEMIC ELIGIBILITY

MCPS Policy IQD, *Academic Eligibility for Extracurricular Activities*, and Regulation IQD–RB, *Academic Eligibility for Middle School Students Who Participate in Extracurricular Activities*, identify the Montgomery County Public Schools requirements for student participation.

#### A. Eligibility

- 1. Students having a 2.0 average with no more than one “E” (failure) in the previous marking period automatically will be eligible to participate or practice in any extracurricular activity governed by this regulation during the next marking period.
- 2. Grades reported as incomplete as a result of legally excused absences shall be considered passing grades until changed. Incomplete grades that are not changed to a passing grade within 10 school days after report cards are issued will be considered failing grades for eligibility purposes until they are changed.
- 3. When a student withdraws from an MCPS middle school after day 25 of the first marking period of the first or second semester, thereby precluding the student from having a current marking period grade average for the final marking period of the school year, the grades the student had earned at the time of withdrawal will determine the student’s academic eligibility for the fall sport season of the ensuing school year. Students academically ineligible under this section of this regulation may file an appeal with the school principal.
- 4. On the day that report cards are issued, the athletic coordinator or coach will verify student eligibility for extracurricular participation.
- 5. Middle school students who do not maintain a 2.0 average with no more than one “E” (failure) during the final (fourth) marking period will not be eligible for fall middle school sports.

#### B. Exceptions

- 1. All students entering MCPS for the first time are academically eligible to participate in athletics until academic eligibility is determined by their first report card.

2. Students who are not academically eligible may petition an activity sponsor no less than ten school days after the distribution of report cards to be reinstated in an activity if they have shown evidence of progress toward meeting eligibility standards. Middle school principals will make the final decisions regarding eligibility of middle school students. Students who are ineligible may not attend practices or games as a team member.

For the purpose of eligibility, a marking period is defined as the day that the report card is issued and continues until the day that the next report card is issued. All questions pertaining to middle school athletics and student academic eligibility should be directed to the MCPS athletics specialist.

### **3. AGE**

- A. Sixth grade students are ineligible for all interscholastic athletics.
- B. In order to participate in the interscholastic athletics program, a seventh or eighth grade participant must not have reached his/her 15th birthday prior to September 1 of the current school year.

### **4. ATTENDANCE**

- A. To participate in any athletic contest or practice, athletes must be in all scheduled classes on the day of the event. The principal or designee may excuse a student-athlete for pre-scheduled appointments, such as court appearances, medical appointments, unforeseen emergencies, etc.
- B. Students participating in “take your child to work day” are approved for participation in a practice or a contest if the absence is approved in advance.

### **5. MEDICAL REQUIREMENT**

- A. Students must submit a medical evaluation certifying that they are physically fit to participate as a member of a team. Form SR-8 may be used, or a statement on official letterhead from a doctor or nurse practitioner.
- B. For middle school students, a medical evaluation is valid for two calendar years from the date of the physical.
- C. A participant must have a valid medical evaluation throughout the season to maintain eligibility.

### **6. PARENT PERMISSION FORM**

Students must submit a signed parent/guardian permission form. Students whose divorced parents have joint custody must have signatures from both parents or a signature from one and a waiver from the other parent.

### **7. SUSPENSION**

Students suspended from school may not participate in athletics from the time of the suspension until they are reinstated in classes unless otherwise specified by the principal. Suspension refers to both in-school and out-of-school suspension.

### **8. ELECTRONIC COMMUNICATIONS**

Parents and students are expected to use social media, e-mail messages, blogs, websites, and other electronic communications in appropriate, positive ways. Parents and students shall not make inflammatory or derogatory comments and/or post inappropriate descriptions or pictures regarding students, staff members, coaches, and/or other teams or schools.

## GENERAL STANDARDS AND PROCEDURES

### 1. HEALTH AND SAFETY

#### A. Certification/Procedures

1. Athletic coordinators and coaches are encouraged to complete the MCPS-sponsored course *Prevention and Care of Athletic Injuries/Fundamentals of Coaching*, which includes CPR/AED training and certification. Coaches are responsible for knowing first aid and safety procedures pertinent to their sport.
2. Injuries shall be reported on MCPS Form 525-2: *Student Accident Report*, and submitted to the school nurse.
3. The coach is to notify the athletic coordinator when an athlete is taken to the hospital. If the injury is serious, the athletic coordinator must notify the principal and the MCPS athletics specialist.

#### B. Website Information

1. Extensive health and safety information is provided to coaches, parents, and student-athletes on the *Health and Safety* page of the Athletics section of the MCPS website. Athletic coordinators and coaches are required to review this information.
2. Coaches must ensure that student-athletes receive instruction on MCPS health and safety information.

#### C. Bloodborne Pathogens

In accordance with OSHA/MOSH requirements, MCPS has adopted the Bloodborne Pathogens Exposure Control Plan to eliminate or minimize employee exposure to diseases carried by human blood. Athletic coordinators and select coaches are identified in the plan as employees facing reasonably anticipated occupational exposure to blood and other potentially infectious materials. (Refer to the plan for a complete list of identified job categories.) All schools have a copy of the plan. Details of the plan also are included in the Health and Safety section of the Athletics page of the MCPS website.

#### D. Communicable Disease Precautions

Specific information and procedures regarding communicable disease prevention are located in the Health and Safety section of the MCPS website.

#### E. Staph Infections / Methicillin-Resistant Staph Aureus (MRSA)

Staph infections, in particular MRSA, are of considerable concern in athletics because of a higher propensity for routine cuts, wounds, and abrasions, and a higher degree of bodily contact among participants. Diligent attention to fundamental hygiene and appropriate care of wounds will significantly reduce the likelihood of contracting staph infections. Coaches shall assist in implementing fundamental procedures against staph infections, including emphasis that participants shall:

1. Shower as soon as possible after practices and contests, using an appropriate antibacterial soap.
2. Refrain from sharing personal items, including towels, uniforms, personal equipment, clothing, bar soaps, etc.

3. Wash/clean personal equipment and personal practice and game uniforms after each use.
4. Diligently cleanse and cover all cuts, wounds, and abrasions.
5. Report to the coach any skin lesions or other unusual markings or bumps that may signify an infection.

F. Head Injuries and Concussions

Standard MCPS procedures regarding head injuries and potential concussions are described in the *MCPS Concussion Plan*, available at all middle schools and on the MCPS Athletics web page. Standard procedures include the following:

1. An education component regarding concussions for coaches, student-athletes, and parents.
2. Automatic removal from practices or contests for student-athletes who exhibit signs or symptoms consistent with a concussion.
3. A requirement that student-athletes who exhibit signs or symptoms consistent with a concussion may not participate in athletics until they have received clearance from an authorized health care provider.

G. Health and Safety PowerPoint

The MCPS Athletics department has developed a Health and Safety PowerPoint that covers many important health and safety concerns. The PowerPoint is available in the Health and Safety section of the MCPS Athletics web page.

H. Drug Policy

Each school will institute a drug and alcohol policy consistent with the philosophy of its administration and community. Alcoholic beverages, tobacco products, and “look-a-likes” are not permitted at athletic contests or practices. Tobacco, in any form, is not permitted. Athletic coordinators, coaches, and team members will maintain a drug, alcohol, and tobacco free school environment.

I. Emergency Plan

Athletic coordinators and coaches, with approval of the principal, will develop and implement an emergency plan that includes protocol for safely removing student athletes from an area in case of an emergency.

J. Each team will have a first aid kit and AED at all practices and contests.

**2. FACILITIES**

Indoor and outdoor athletic facilities are available for athletic use from 3:00 p.m. to 5:30 p.m. After 5:30 p.m., facilities may be reserved through the Community Use of Public Facilities (CUPF).

**3. FUNDS AND OFFICIALS**

A. Funds allocated by the Board of Education will be equitably distributed to all competing schools to pay for athletics program expenses.

B. Officials for basketball, soccer, and softball will be secured for all scheduled contests. An allocation of funds from the Board of Education to pay for officials will be sent to each school. Bills for officials will be sent to each school for payment at the end of the season.



#### **4. SAFETY AND SUPERVISION AT CONTESTS**

All contests shall be adequately supervised by administrators, chaperones, and/or security personnel. Security assistants or MCPS unit members may be used for security supervision at athletic events. Security personnel may be compensated for a maximum of three hours overtime per assigned contest. MCPS unit members will be paid the hourly stipend rate. Funds for security are included in the middle school athletics allocation.

#### **5. TRANSPORTATION**

League Coordinators, in consultation with athletic coordinators and coaches, with approval from the principal, will arrange for transportation to away contests. MCPS Form 560-31 must be completed for each student if non-MCPS transportation is being used. Additionally, schools must use MCPS approved carriers when securing private transportation. The MCPS Approved Carrier List is available on the myMCPS tab of the MCPS website.

#### **6. GENDER EQUITY IN ATHLETICS**

Each school must ensure that every aspect of the athletics program is free of gender discrimination. There must be a fair distribution of overall athletic opportunities and resources, proportionate to enrollment, available to girls and boys equitably. No student athlete, coach, or athletic coordinator should be discriminated against in any way.

#### **7. PRACTICES**

- A. Practices will be held on Tuesdays, Wednesdays, and Thursdays, except at magnet schools. If practice is missed due to inclement weather or an in-service day, a make-up practice may be held on Monday or Friday with permission from the athletic coordinator and principal.
- B. Invitations for tryouts must be extended to all eligible students. Participation in intramurals shall not be a prerequisite for consideration.
- C. Practice sessions for all sports shall be limited to 90 minutes. Teams are expected to practice according to the planned program.
- D. Practice is not permitted on holidays, weekends, professional days, or after school on in-service days. When schools are closed due to inclement weather, practices and contests are cancelled. If there is a delayed opening, all games and practices will proceed as scheduled.

#### **8. REQUIREMENTS FOR PARTICIPATION**

- A. A student will not be allowed to participate in any practice, tryout or contest until he/she has met all eligibility standards.
- B. Students are expected to display positive sportsmanship at all times.
- C. Any player involved in serious physical violence before, during, or after practices or games will be dismissed from the team for the remainder of the season.
- D. Students participating in an interscholastic sport may not participate in extramural competition in that sport.

#### **9. SCOUTING**

Scouting of teams is not permitted.

## 10. SCRIMMAGES

Scrimmages are not permitted.

## 11. SPORTSMANSHIP EXPECTATIONS

A poster with the following information is to be displayed at athletic events. Also, schools should make this information available to all students, parents, and participants.

### Sportsmanship Statement

A mission of the MCPS athletic program is to teach and reinforce in student-athletes, values relating to wholesome competition, good sportsmanship and fair play. It is expected that spectators reinforce these values by exhibiting appropriate behavior at athletic events. A condition of entry into an MCPS athletic event is that all spectators agree to recognize the event as an extension of the learning process, and that all present have the responsibility to model appropriate behavior. The event is a unique opportunity for spectators to be a part of a positive and productive learning environment and to model behavior appropriate to a school setting.

### Expectations for Spectator Behavior

- **APPLAUD** players for their efforts
- **ACCEPT** the decisions of officials
- **APPRECIATE** participants for their commitment
- **SUPPORT** school personnel in conducting an orderly and spirited contest
- **MAINTAIN** composure when breaks seem to go against your team
- **RESPECT** the rights of other spectators
- **REWARD** sportsmanlike behavior through cheering
- **FOCUS** attention on positive aspects of competition
- **ENCOURAGE** players by showing enthusiasm and positive recognition
- **DEMONSTRATE** concern for the safety and welfare of athletes

### Reminder

These young men and women are students and not professional athletes. They will make errors in the course of competition, as will game officials and coaches. However, all participants are trying their best. Negative criticism and booing will not help them to improve and are unacceptable forms of expression at this event. You can assist in their development as athletes by focusing attention on the positive aspects of their performance. Your cooperation is important and is appreciated.

## 12. EJECTIONS

- A. If a coach is ejected from a contest, the team will forfeit the contest. The coach will also sit out the next contest.
- B. Any player who is ejected from a game by an official is ineligible for the next contest.
- C. All ejections must be reported to the athletics specialist within 24 hours.

## 13. SCHEDULING

- A. The organization and administration of the athletics program should be minimally disruptive to the daily school program.
- B. The use of all facilities should be coordinated among physical education teachers, athletic coordinators, coaches, and administrators.

#### **14. SUSPENDED AND POSTPONED EVENTS**

- A. Postponement of outdoor athletic events because of adverse field conditions or inclement weather is the responsibility of the athletic coordinator at the host school.
- B. If a contest must be postponed because of inclement weather, the following procedures must be followed:
  - 1. Principals shall be consulted during the rescheduling process.
  - 2. The athletic coordinator of the host school will contact the athletic coordinator of the opposing school by 11:30 a.m. to postpone and reschedule the contest.
  - 3. The athletic coordinator at the host school must contact the sport officials' commissioner before 12:00 noon.
  - 4. Postponed contests should be made up on the first available date agreed upon by both schools. Contests that are not made up by the final date of the season will not be made up.
  - 5. The maximum number of contests in a week is two.
  - 6. A contest that is not completed due to inclement weather will be made up at the discretion of the schools involved.
  - 7. If several days of school are missed, it is recommended that teams practice one day before playing any postponed contest.
  - 8. Mondays and Fridays may be used for rescheduled contests with the approval of both participating athletic coordinators and principals.
- C. No practice or athletic contest shall be held on a day when schools are closed due to inclement weather.
- D. If weather or field conditions deteriorate after 11:30 a.m., the game may still be postponed with teams incurring the cost of officials and/or transportation.
- E. Cancellations or postponements for reasons other than adverse weather or field conditions require the approval of the athletics specialist.

#### **15. DISMISSAL FOR CONTESTS**

Student-athletes should not be dismissed before 2:20 p.m. for away contests or before 2:55 p.m. for home contests. With the approval of the principal, athletic coordinator, and coach, students may be dismissed earlier for contests at schools that are greater distances apart or at schools that share buses.

#### **16. UNIFORMS**

- A. The official uniform for the middle school program is the Alleson Athletic Extreme mesh sleeved reversible jersey. The Alleson Tank jersey is also approved for optional use for basketball and cross country. Schools are required to use the MCPS-approved jersey for all sports. Schools may not change to another style of jersey. When possible, shorts should be of a matching school color. Physical education shorts are recommended.
- B. Cross country, softball, and basketball teams will use the white side of the jersey for home contests and the school color side of the jersey for away contests.

- C. Soccer teams will use the school color side of the jersey for home contests and the white side of the jersey for away contests.
- D. Team shorts, jackets, warm-ups, etc. may not be purchased by the school or individuals and worn to contests.

**17. THUNDER/LIGHTNING: PROCEDURES FOR SUSPENDING OUTDOOR ATHLETIC PRACTICES OR EVENTS**

When lightning and/or thunder occur during an athletic practice or contest, the activity must be suspended immediately. Players, coaches, officials, and spectators must be directed to seek shelter. Spectators must be directed to leave. Coaches must have a plan for seeking shelter and/or expedient departure in case of lightning/thunder or other severe inclement weather.

In situations where thunder and/or lightning may or may not be present yet you feel your hair stand on end and skin tingle, immediately assume the following crouched position: squat so your weight is on your feet/toes, grab with your arms/hands around your legs just below your knees, and lower your head. Do not lie flat on the ground. In the event that either situation should occur, allow 30 minutes to pass after the last occurrence of thunder and/or lightning before resuming play.

The principal has the final authority to delay or postpone events because of lightning and/or thunder. If the principal is not present, the host athletic coordinator has the responsibility; if the host athletic coordinator is not present, the host coach has this responsibility. However, during contests, this responsibility lies with the game official/host school designee.

When a contest has been suspended for more than one hour (cumulative) due to inclement weather, the contest shall be ended, continued, or rescheduled at a later date in accordance with the rules governing that sport. If a contest is suspended because of lightning and/or thunder, it shall be resumed the same day, if possible, at the discretion of the officials and host school athletic coordinator.

In the event of a tornado, the athletics activity should be suspended and players and spectators should be directed to the school-designated tornado area.

**18. TEMPERATURE GUIDELINES FOR PRACTICES AND GAMES**

<b>Heat Index</b>	<b>Restrictions</b>
0 – 90° F	Normal practice guidelines and restrictions
91–104° F	Exercise caution; observe players carefully; frequent water breaks; limit time in which players are wearing full equipment
105° F +	No outside activities; activities limited to air-conditioned school facilities

Schools shall monitor prevailing weather conditions, including the current heat index, and make appropriate practice and activity accommodations. The heat index is available in the Health and Safety section of the MCPS Athletics web page (click on the Heat Index tab). The heat index on the Athletics webpage applies to the 20877 zip code, the most central site in Montgomery County.

In hot, humid weather, coaches shall use good judgment in determining the length and nature of the practice. Frequent water breaks shall be provided, and players shall be carefully monitored.

The heat index changes as the day progresses. A heat index in the morning, for instance, may increase to a more dangerous level later in the day. Thus, restrictions that would apply to a morning practice or activity may be different than in the afternoon or evening. The relevant heat index that coaches shall use will be the one nearest to the start time of the practice or activity. The heat index shall be monitored as the practice or activity continues, and appropriate modifications implemented.

In extremely cold weather, coaches shall use good judgment in determining the length and nature of the practice. The temperature as well as the wind chill factor should be considered. Athletic events may be rescheduled by mutual agreement of the athletic director of the opposing schools.

#### **19. ARTIFICIAL SURFACE FIELD HEAT GUIDELINES**

The following guidelines apply specifically to activities conducted on artificial surface fields. Artificial surface fields generate greater heat than natural surface fields on warm and hot days. Anytime the outdoor temperature exceeds 80 degrees, coaches should exercise caution in conducting activities on artificial surface fields. Between the hours of 12:00 noon and 5:00 p.m., when the heat index is between 91-104 degrees, teams shall restrict activities on artificial surface fields to one hour, with water breaks every 20 minutes.

#### **20. CHEERLEADERS AND POMPONS**

Cheerleaders and pompons are not part of the middle school interscholastic athletics program. Refer to the *MCPS Intramural Handbook* for additional information.

## BOYS' AND GIRLS' SOFTBALL STANDARDS AND PROCEDURES

All coaches are required to read and be knowledgeable of the information in the *MCPS Middle School Athletics Handbook*. Coaches also are required to read and adhere to the following standards and procedures.

1. Coaches are required to attend the mandatory coaches' meeting on September 6, 2018, at 3:30 p.m. in the CESC cafeteria.
2. Tryouts will begin on September 11, 2018.
3. Roster day for softball is September 28, 2018. Refer to the Coach Responsibilities section of this handbook for more information regarding roster day.
4. The season will consist of five (5) games with a maximum of two scheduled games per week.
5. The starting time for all games will be 3:30 p.m. Exception: John Poole Middle School home games will begin at 3:15 p.m.
6. Teams will have a minimum warm-up period of 15 minutes.
7. All games have a two-hour time limit. Innings started before the two-hour limit will be completed, including extra innings in the event of a tie. Thunder and lightning delays are included in the time limit.
8. National Federation slow pitch rules will be used with the following exceptions:
  - A. The pitching distance for girls is 40 feet (boys' distance is 46 feet).
  - B. The 12" regulation, .44 cor, .375 compression, white or yellow, restricted flight ball, will be used by both teams.
  - C. The pitch must be delivered with a minimally perceptible arc not to exceed 12 feet.
  - D. There will be no sliding, diving, leading, stealing, or bunting.
  - E. There shall be ten fielders per team. No game shall begin with less than eight players per team.
  - F. Middle school teams will play a limit of 10 (or 11 if the extra hitter is used) batters for each team in each inning. After play has ended following the turn of the last batter, the teams will exchange offense/defense roles. When the team comes to bat in the inning following the one in which the last batter rule was enforced, the inning will begin with any base runners (or their substitutes) who were on base at the end of the preceding inning resuming their place on base. This rule is waived in any extra inning or in the 7<sup>th</sup> inning of the game. Three outs will be played.
  - G. If a player has two strikes, the next pitch that results in a foul ball shall be considered a "courtesy foul." The next foul ball will cause the player to be out.
  - H. If after five complete innings one team is ahead by 15 runs, the game will be considered complete.
  - I. Shin guards for catchers are optional.
  - J. Coaches shall wear an identifiable uniform in school colors. This may include a collared shirt or t-shirt in the school colors with the school name or the title 'coach' on it.

9. The double safety first base may be used. Canvas bases should be secured in the ground with two spikes. Hollywood bases are permitted.
10. Catchers on both boys' and girls' teams must wear the following protective equipment: throat protector, NOCSAE approved helmet with mask, and chest protector. Catchers on boys' teams must wear a protective cup. Players will be disqualified if the required protective equipment is not worn.
11. Players may wear shoes with molded rubber cleats. Shoes with screw in or metal cleats may not be worn. Cleats may not be worn on buses or in school buildings.
12. Teams must provide their own batting helmets for home and away games. All batting helmets must be NOCSAE approved. Helmets must be worn by players at bat, on base, in on-deck areas, and coaching at first or third base.
13. Responsibilities of the home team:
  - A. Ensure that the field is playable and properly lined. Minimal field markings must include:
    1. Foul lines extending 200 feet from home plate with traffic cones or soccer flags marking the ends
    2. Two batters boxes—3 feet by 7 feet
    3. Restraining line for spectators—cones may be used
  - B. Supply two new restricted-flight .44 cor leather softballs for each game.
  - C. Secure home plate, the pitching rubber, and bases in the ground.
  - D. Provide a responsible person (parents may be used) to keep the official scorebook. The home team's scorebook is the official scorebook.

## 2018 BOYS' SOFTBALL SCHEDULE

The starting time for all games will be 3:30 p.m.  
Exception: John Poole Middle School home games will begin at 3:15 p.m.

### **Wednesday 10/3/2018**

Clemente at Rocky Hill  
Hallie Wells at Neelsville  
Ridgeview at Lakelands Park  
Kingsview at Poole  
Takoma Park at Silver Spring Int'l  
Newport Mill at Sligo  
White Oak at Key  
Briggs Chaney at Lee

### **Thursday 10/11/2018**

Hallie Wells at Clemente  
Baker at Rocky Hill  
Ridgeview at Kingsview  
King at Poole  
Takoma Park at Newport Mill  
Eastern at Sligo  
White Oak at Briggs Chaney  
Banneker at Lee

### **Thursday 10/4/2018**

Westland at Silver Creek  
Pyle at Tilden  
Wood at Hoover  
Frost at Julius West  
Shady Grove at Montgomery Village  
Gaithersburg at Redland  
Rosa Parks at Loiederman  
Farquhar at Parkland

### **Tuesday 10/16/2018**

Westland at Pyle  
North Bethesda at Tilden  
Wood at Frost  
Cabin John at Julius West  
Shady Grove at Gaithersburg  
Forest Oak at Redland  
Rosa Parks at Farquhar  
Argyle at Parkland

### **Tuesday 10/9/2018**

Neelsville at Baker  
Rocky Hill at Hallie Wells  
Lakelands Park at King  
Poole at Ridgeview  
Silver Spring Int'l at Eastern  
Sligo at Takoma Park  
Key at Banneker  
Lee at White Oak

### **Wednesday 10/17/2018**

Neelsville at Clemente  
Baker at Hallie Wells  
Lakelands Park at Kingsview  
King at Ridgeview  
Silver Spring Int'l at Newport Mill  
Eastern at Takoma Park  
Key at Briggs Chaney  
Banneker at White Oak

### **Wednesday 10/10/2018**

Silver Creek at North Bethesda  
Tilden at Westland  
Hoover at Cabin John  
Julius West at Wood  
Montgomery Village at Forest Oak  
Redland at Shady Grove  
Loiederman at Argyle  
Parkland at Rosa Parks

### **Thursday 10/18/2018**

Silver Creek at Pyle  
North Bethesda at Westland  
Hoover at Frost  
Cabin John at Wood  
Montgomery Village at Gaithersburg  
Forest Oak at Shady Grove  
Loiederman at Farquhar  
Argyle at Rosa Parks



## 2018 BOYS' SOFTBALL SCHEDULE

### **Tuesday 10/23/2018**

Clemente at Baker  
Rocky Hill at Neelsville  
Kingsview at King  
Poole at Lakelands Park  
Newport Mill at Eastern  
Sligo at Silver Spring Int'l  
Briggs Chaney at Banneker  
Lee at Key

### **Wednesday 10/24/2018**

Pyle at North Bethesda  
Tilden at Silver Creek  
Frost at Cabin John  
Julius West at Hoover  
Gaithersburg at Forest Oak  
Redland at Montgomery Village  
Farquhar at Argyle  
Parkland at Loiederman

### **Thursday 10/25/2018**

King at Baker  
Poole at Clemente  
Ridgeview at Neelsville  
Kingsview at Rocky Hill  
Lakelands Park at Hallie Wells  
Key at Eastern  
Lee at Newport Mill  
Banneker at Silver Spring Int'l  
Briggs Chaney at Sligo  
White Oak at Takoma Park

### **Tuesday 10/30/2018**

Frost at North Bethesda  
Hoover at Pyle  
Wood at Silver Creek  
Julius West at Tilden  
Cabin John at Westland  
Parkland at Forest Oak  
Argyle at Gaithersburg  
Rosa Parks at Montgomery Village  
Farquhar at Redland  
Loiederman at Shady Grove

❖ **Season ends: 11/8/2018**

## **2018 GIRLS' SOFTBALL SCHEDULE**

The starting time for all games will be 3:30 p.m.  
Exception: John Poole Middle School home games will begin at 3:15 p.m.

### **Wednesday 10/3/2018**

Rocky Hill at Clemente  
Neelsville at Hallie Wells  
Lakelands Park at Ridgeview  
Poole at Kingsview  
Silver Spring Int'l at Takoma Park  
Sligo at Newport Mill  
Key at White Oak  
Lee at Briggs Chaney

### **Thursday 10/11/2018**

Clemente at Hallie Wells  
Rocky Hill at Baker  
Kingsview at Ridgeview  
Poole at King  
Newport Mill at Takoma Park  
Sligo at Eastern  
Briggs Chaney at White Oak  
Lee at Banneker

### **Thursday 10/4/2018**

Silver Creek at Westland  
Tilden at Pyle  
Hoover at Wood  
Julius West at Frost  
Montgomery Village at Shady Grove  
Redland at Gaithersburg  
Loiederman at Rosa Parks  
Parkland at Farquhar

### **Tuesday 10/16/2018**

Pyle at Westland  
Tilden at North Bethesda  
Frost at Wood  
Julius West at Cabin John  
Gaithersburg at Shady Grove  
Redland at Forest Oak  
Farquhar at Rosa Parks  
Parkland at Argyle

### **Tuesday 10/09/2018**

Baker at Neelsville  
Hallie Wells at Rocky Hill  
King at Lakelands Park  
Ridgeview at Poole  
Eastern at Silver Spring Int'l  
Takoma Park at Sligo  
Banneker at Key  
White Oak at Lee

### **Wednesday 10/17/2018**

Clemente at Neelsville  
Hallie Wells at Baker  
Kingsview at Lakelands Park  
Ridgeview at King  
Newport Mill at Silver Spring Int'l  
Takoma Park at Eastern  
Briggs Chaney at Key  
White Oak at Banneker

### **Wednesday 10/10/2018**

North Bethesda at Silver Creek  
Westland at Tilden  
Cabin John at Hoover  
Wood at Julius West  
Forest Oak at Montgomery Village  
Shady Grove at Redland  
Argyle at Loiederman  
Rosa Parks at Parkland

### **Thursday 10/18/2018**

Pyle at Silver Creek  
Westland at North Bethesda  
Frost at Hoover  
Wood at Cabin John  
Gaithersburg at Montgomery Village  
Shady Grove at Forest Oak  
Farquhar at Loiederman  
Rosa Parks at Argyle

**2018 GIRLS' SOFTBALL SCHEDULE**

**Tuesday 10/23/2018**

Baker at Clemente  
Neelsville at Rocky Hill  
King at Kingsview  
Lakelands Park at Poole  
Eastern at Newport Mill  
Silver Spring Int'l at Sligo  
Banneker at Briggs Chaney  
Key at Lee

**Wednesday 10/24/2018**

North Bethesda at Pyle  
Silver Creek at Tilden  
Cabin John at Frost  
Hoover at Julius West  
Forest Oak at Gaithersburg  
Montgomery Village at Redland  
Argyle at Farquhar  
Loiederman at Parkland

**Thursday 10/25/2018**

Baker at King  
Clemente at Poole  
Neelsville at Ridgeview  
Rocky Hill at Kingsview  
Hallie Wells at Lakelands Park  
Eastern at Key  
Newport Mill at Lee  
Silver Spring Int'l at Banneker  
Sligo at Briggs Chaney  
Takoma Park at White Oak

**Tuesday 10/30/2018**

North Bethesda at Frost  
Pyle at Hoover  
Silver Creek at Wood  
Tilden at Julius West  
Westland at Cabin John  
Forest Oak at Parkland  
Gaithersburg at Argyle  
Montgomery Village at Rosa Parks  
Redland at Farquhar  
Shady Grove at Loiederman

❖ **Season ends: 11/8/2018**

## COED CROSS COUNTRY STANDARDS AND PROCEDURES

All coaches are required to read and be knowledgeable of the information in the *MCPS Middle School Athletics Handbook*. Coaches are also required to read and adhere to the rules and regulations in the following section.

1. Coaches are required to attend the mandatory coaches' meeting on September 6, 2018, at 4:00 p.m. in the CESC cafeteria.
2. Tryouts will begin on September 11, 2018.
3. Roster day for cross country is September 28, 2018. Refer to the Coach Responsibilities section of this handbook for more information regarding roster day.
4. The season will consist of four (4) dual meets. Meets are scheduled to coincide with softball contests to minimize transportation costs.
5. A maximum of twelve (12) runners per school per gender may run in the competition races. For the 2018 season, the girls' race will be run first, followed by the boys' race.
6. The starting time for all meets will be 3:30 p.m. Exception: John Poole Middle School home meets at 3:15 p.m.
7. Teams will have a warm-up period of 15 minutes to walk the course prior to the meet start time.
8. National Federation rules and modifications determined by MCPS will be used. Points of emphasis include:
  - a. The course will be no more than 2,500 meters or 1½ miles.
  - b. The course should be clear of obstructions which might cause tripping, turned ankles, etc. There should be no overhead objects lower than 8 feet above the ground.
  - c. The course should end with a straightaway of at least 150 yards ending in a rope funnel with a mouth 15 feet wide. The finish line should be at the mouth of the funnel. The funnel should narrow to about 30 inches for about 100 feet.
  - d. Only the first seven runners from each team will be scored. The team score shall be determined by totaling the points. The scores from runners 8-10 of that team will not be used. The team which scores the least number of points is the winner.
9. Players should wear appropriate running shoes.
10. Responsibilities of the home team:
  - a. Ensure that the course is safe and properly marked.
  - b. Provide a clearly marked finish line as outlined above.
  - c. Provide a starter with starting mechanism.
  - d. Provide a sufficient number of timers for the meet.
  - e. Provide an adult to keep the score sheet.
  - f. Mark a restraining line for spectators – cones may be used.
11. Resources for hosting, scoring, and administering cross country meets are included in the athletic coordinator's reference guide. Coaches should review this information prior to the start of the season.

## **2018 COED CROSS COUNTRY SCHEDULE**

The starting time for all meets will be 3:30 p.m.  
Exception: John Poole Middle School home games will begin at 3:15 p.m.

### **Wednesday 10/3/2018**

Clemente at Rocky Hill  
Hallie Wells at Neelsville  
Ridgeview at Lakelands Park  
Kingsview at Poole  
Takoma Park at Silver Spring Int'l  
Newport Mill at Sligo  
White Oak at Key  
Briggs Chaney at Lee

### **Thursday 10/11/2018**

Hallie Wells at Clemente  
Baker at Rocky Hill  
Ridgeview at Kingsview  
King at Poole  
Takoma Park at Newport Mill  
Eastern at Sligo  
White Oak at Briggs Chaney  
Banneker at Lee

### **Thursday 10/4/2018**

Westland at Silver Creek  
Pyle at Tilden  
Wood at Hoover  
Frost at Julius West  
Shady Grove at Montgomery Village  
Gaithersburg at Redland  
Rosa Parks at Loiederman  
Farquhar at Parkland

### **Tuesday 10/16/2018**

Westland at Pyle  
North Bethesda at Tilden  
Wood at Frost  
Cabin John at Julius West  
Shady Grove at Gaithersburg  
Forest Oak at Redland  
Rosa Parks at Farquhar  
Argyle at Parkland

### **Tuesday 10/9/2018**

Neelsville at Baker  
Rocky Hill at Hallie Wells  
Lakelands Park at King  
Poole at Ridgeview  
Silver Spring Int'l at Eastern  
Sligo at Takoma Park  
Key at Banneker  
Lee at White Oak

### **Wednesday 10/17/2018**

Neelsville at Clemente  
Baker at Hallie Wells  
Lakelands Park at Kingsview  
King at Ridgeview  
Silver Spring Int'l at Newport Mill  
Eastern at Takoma Park  
Key at Briggs Chaney  
Banneker at White Oak

### **Wednesday 10/10/2018**

Silver Creek at North Bethesda  
Tilden at Westland  
Hoover at Cabin John  
Julius West at Wood  
Montgomery Village at Forest Oak  
Redland at Shady Grove  
Loiederman at Argyle  
Parkland at Rosa Parks

### **Thursday 10/18/2018**

Silver Creek at Pyle  
North Bethesda at Westland  
Hoover at Frost  
Cabin John at Wood  
Montgomery Village at Gaithersburg  
Forest Oak at Shady Grove  
Loiederman at Farquhar  
Argyle at Rosa Parks

## 2018 COED CROSS COUNTRY SCHEDULE

### **Tuesday 10/23/2018**

Clemente at Baker  
Rocky Hill at Neelsville  
Kingsview at King  
Poole at Lakelands Park  
Newport Mill at Eastern  
Sligo at Silver Spring Int'l  
Briggs Chaney at Banneker  
Lee at Key

### **Wednesday 10/24/2018**

Pyle at North Bethesda  
Tilden at Silver Creek  
Frost at Cabin John  
Julius West at Hoover  
Gaithersburg at Forest Oak  
Redland at Montgomery Village  
Farquhar at Argyle  
Parkland at Loiederman

❖ **Season ends: 11/8/2018**

## **BOYS' AND GIRLS' BASKETBALL STANDARDS AND PROCEDURES**

All coaches are required to read and be knowledgeable of the information in the *MCPS Middle School Athletics Handbook*. Coaches are also required to read and adhere to the rules and regulations in the following section.

1. Coaches are required to attend the mandatory coaches' meeting on November 14, 2018, at 3:30 p.m. in the CESC cafeteria.
2. Tryouts will begin on November 27, 2018. The use of the gym will be shared equally by both teams during the season.
3. Roster day for basketball is December 21, 2018. Refer to the Coach Responsibilities section of this handbook for more information regarding roster day.
4. The season will consist of six (6) games with a maximum of two scheduled games per week.
5. The starting time for games is 3:20 p.m. Exception: Home games at John Poole Middle School will start at 3:00 p.m.
6. Teams will have a minimum warm-up period of 15 minutes.
7. All games will have a two-hour time limit. A game will consist of six-minute quarters with a 10-minute halftime. Within the two-hour time limit, a maximum of two 3-minute overtime periods will be played to break a tie. The game ends if at the end of the first overtime the score is not tied. If the score is still tied at the end of the second overtime, the game will be considered a tie.
8. The 30-second shot clock will not be used.
9. National Federation rules and regulations will be used.
10. Boys' teams will use the official size leather basketball. Girls' teams will use the official women's size leather basketball.
11. There are separate stipends for an official scorer and an official timer. Both must be adults and preferably faculty members of the host school.
12. Teams must dress at their own school.
13. Responsibilities of the home team:
  - a. The home team will provide the visiting team with a secure place for student valuables.
  - b. If needed, the home team will provide the visiting team with six (6) official size regulation leather balls for warm-ups.
  - c. The home team will provide the visiting team with a private place to meet during half-time.
14. Where applicable, ticket sales shall be accounted for according to MCPS policy and MCPS Regulation DMB-RA, *Control of Admission Receipts*. Admission charges are optional, at the discretion of the school principal. The minimum admission fee is 50 cents and the maximum shall be \$1.00. Drivers of visiting teams shall not be charged.

## **2019 BOYS' BASKETBALL SCHEDULE**

The starting time for all games will be 3:20 p.m.  
Exception: John Poole Middle School home games will begin at 3:00 p.m.

### **Thursday 1/3/2019**

Clemente at Rocky Hill  
Hallie Wells at Neelsville  
Ridgeview at Lakelands Park  
Kingsview at Poole  
Takoma Park at Silver Spring Int'l  
Newport Mill at Sligo  
White Oak at Key  
Briggs Chaney at Lee

### **Tuesday 1/15/2019**

Hallie Wells at Clemente  
Baker at Rocky Hill  
Ridgeview at Kingsview  
King at Poole  
Takoma Park at Newport Mill  
Eastern at Sligo  
White Oak at Briggs Chaney  
Banneker at Lee

### **Tuesday 1/8/2019**

Westland at Silver Creek  
Pyle at Tilden  
Wood at Hoover  
Frost at Julius West  
Shady Grove at Montgomery Village  
Gaithersburg at Redland  
Rosa Parks at Loiederman  
Farquhar at Parkland

### **Wednesday 1/16/2019**

Westland at Pyle  
North Bethesda at Tilden  
Wood at Frost  
Cabin John at Julius West  
Shady Grove at Gaithersburg  
Forest Oak at Redland  
Rosa Parks at Farquhar  
Argyle at Parkland

### **Wednesday 1/9/2019**

Neelsville at Baker  
Rocky Hill at Hallie Wells  
Lakelands Park at King  
Poole at Ridgeview  
Silver Spring Int'l at Eastern  
Sligo at Takoma Park  
Key at Banneker  
Lee at White Oak

### **Thursday 1/17/2019**

Neelsville at Clemente  
Baker at Hallie Wells  
Lakelands Park at Kingsview  
King at Ridgeview  
Silver Spring Int'l at Newport Mill  
Eastern at Takoma Park  
Key at Briggs Chaney  
Banneker at White Oak

### **Thursday 1/10/2019**

Silver Creek at North Bethesda  
Tilden at Westland  
Hoover at Cabin John  
Julius West at Wood  
Montgomery Village at Forest Oak  
Redland at Shady Grove  
Loiederman at Argyle  
Parkland at Rosa Parks

### **Tuesday 1/22/2019**

Silver Creek at Pyle  
North Bethesda at Westland  
Hoover at Frost  
Cabin John at Wood  
Montgomery Village at Gaithersburg  
Forest Oak at Shady Grove  
Loiederman at Farquhar  
Argyle at Rosa Parks



## 2019 BOYS' BASKETBALL SCHEDULE

### **Wednesday 1/23/2019**

Clemente at Baker  
Rocky Hill at Neelsville  
Kingsview at King  
Poole at Lakelands Park  
Newport Mill at Eastern  
Sligo at Silver Spring Int'l  
Briggs Chaney at Banneker  
Lee at Key

### **Thursday 1/24/2019**

Pyle at North Bethesda  
Tilden at Silver Creek  
Frost at Cabin John  
Julius West at Hoover  
Gaithersburg at Forest Oak  
Redland at Montgomery Village  
Farquhar at Argyle  
Parkland at Loiederman

### **Tuesday 1/29/2019**

King at Baker  
Poole at Clemente  
Ridgeview at Neelsville  
Kingsview at Rocky Hill  
Lakelands Park at Hallie Wells  
Key at Eastern  
Lee at Newport Mill  
Banneker at Silver Spring Int'l  
Briggs Chaney at Sligo  
White Oak at Takoma Park

### **Wednesday 1/30/2019**

Frost at North Bethesda  
Hoover at Pyle Wood at Silver Creek  
Julius West at Tilden  
Cabin John at Westland  
Parkland at Forest Oak  
Argyle at Gaithersburg  
Rosa Parks at Montgomery Village  
Farquhar at Redland  
Loiederman at Shady Grove

### **Thursday 1/31/2019**

Hallie Wells at King  
Baker at Kingsview  
Clemente at Lakelands Park  
Neelsville at Poole  
Rocky Hill at Ridgeview  
Briggs Chaney at Banneker  
Takoma Park at Briggs Chaney  
Newport Mill at Key  
Silver Spring Int'l at Lee  
Sligo at White Oak

### **Tuesday 2/5/2019**

North Bethesda at Cabin John  
Pyle at Frost  
Westland at Hoover  
Silver Creek at Julius West  
Tilden at Wood  
Forest Oak at Argyle  
Gaithersburg at Farquhar  
Redland at Loiederman  
Montgomery Village at Parkland  
Shady Grove at Rosa Parks

❖ **Season ends: 2/14/2019**

## **2019 GIRLS' BASKETBALL SCHEDULE**

The starting time for all games will be 3:20 p.m.  
Exception: John Poole Middle School home games will begin at 3:00 p.m.

### **Thursday 1/3/2019**

Rocky Hill at Clemente  
Neelsville at Hallie Wells  
Lakelands Park at Ridgeview  
Poole at Kingsview  
Silver Spring Int'l at Takoma Park  
Sligo at Newport Mill  
Key at White Oak  
Lee at Briggs Chaney

### **Tuesday 1/15/2019**

Clemente at Hallie Wells  
Rocky Hill at Baker  
Kingsview at Ridgeview  
Poole at King  
Newport Mill at Takoma Park  
Sligo at Eastern  
Briggs Chaney at White Oak  
Lee at Banneker

### **Tuesday 1/8/2019**

Silver Creek at Westland  
Tilden at Pyle  
Hoover at Wood  
Julius West at Frost  
Montgomery Village at Shady Grove  
Redland at Gaithersburg  
Loiederman at Rosa Parks  
Parkland at Farquhar

### **Wednesday 1/16/2019**

Pyle at Westland  
Tilden at North Bethesda  
Frost at Wood  
Julius West at Cabin John  
Gaithersburg at Shady Grove  
Redland at Forest Oak  
Farquhar at Rosa Parks  
Parkland at Argyle

### **Wednesday 1/9/2019**

Baker at Neelsville  
Hallie Wells at Rocky Hill  
King at Lakelands Park  
Ridgeview at Poole  
Eastern at Silver Spring Int'l  
Takoma Park at Sligo  
Banneker at Key  
White Oak at Lee

### **Thursday 1/17/2019**

Clemente at Neelsville  
Hallie Wells at Baker  
Kingsview at Lakelands Park  
Ridgeview at King  
Newport Mill at Silver Spring Int'l  
Takoma Park at Eastern  
Briggs Chaney at Key  
White Oak at Banneker

### **Thursday 1/10/2019**

North Bethesda at Silver Creek  
Westland at Tilden  
Cabin John at Hoover  
Wood at Julius West  
Forest Oak at Montgomery Village  
Shady Grove at Redland  
Argyle at Loiederman  
Rosa Parks at Parkland

### **Tuesday 1/22/2019**

Pyle at Silver Creek  
Westland at North Bethesda  
Frost at Hoover  
Wood at Cabin John  
Gaithersburg at Montgomery Village  
Shady Grove at Forest Oak  
Farquhar at Loiederman  
Rosa Parks at Argyle

## 2019 GIRLS' BASKETBALL SCHEDULE

### **Wednesday 1/23/2019**

Baker at Clemente  
Neelsville at Rocky Hill  
King at Kingsview  
Lakelands Park at Poole  
Eastern at Newport Mill  
Silver Spring Int'l at Sligo  
Banneker at Briggs Chaney  
Key at Lee

### **Thursday 1/24/2019**

North Bethesda at Pyle  
Silver Creek at Tilden  
Cabin John at Frost  
Hoover at Julius West  
Forest Oak at Gaithersburg  
Montgomery Village at Redland  
Argyle at Farquhar  
Loiederman at Parkland

### **Tuesday 1/29/2019**

Baker at King  
Clemente at Poole  
Neelsville at Ridgeview  
Rocky Hill at Kingsview  
Hallie Wells at Lakelands Park  
Eastern at Key  
Newport Mill at Lee  
Silver Spring Int'l at Banneker  
Sligo at Briggs Chaney  
Takoma Park at White Oak

### **Wednesday 1/30/2019**

North Bethesda at Frost  
Pyle at Hoover  
Silver Creek at Wood  
Tilden at Julius West  
Westland at Cabin John  
Forest Oak at Parkland  
Gaithersburg at Argyle  
Montgomery Village at Rosa Parks  
Redland at Farquhar  
Shady Grove at Loiederman

### **Thursday 1/31/2019**

King at Hallie Wells  
Kingsview at Baker  
Lakelands Park at Clemente  
Poole at Neelsville  
Ridgeview at Rocky Hill  
Banneker at Eastern  
Briggs Chaney at Takoma Park  
Key at Newport Mill  
Lee at Silver Spring Int'l  
White Oak at Sligo

### **Tuesday 2/5/2019**

Cabin John at North Bethesda  
Frost at Pyle  
Hoover at Westland  
Julius West at Silver Creek  
Wood at Tilden  
Argyle at Forest Oak  
Farquhar at Gaithersburg  
Loiederman at Redland  
Parkland at Montgomery Village  
Rosa Parks at Shady Grove

❖ **Season ends: 2/14/2019**

## BOYS' AND GIRLS' SOCCER STANDARDS AND PROCEDURES

All coaches are required to read and be knowledgeable of the information in the *MCPS Middle School Athletics Handbook*. Coaches are also required to read and adhere to the rules and regulations in the following section.

1. Coaches are required to attend the mandatory coaches' meeting on February 27, 2019 at 3:30 p.m. in the cafeteria of the CESC.
2. Tryouts will begin on March 5, 2019.
3. Roster day for soccer is March 22, 2019. Refer to the Coach Responsibilities section of this handbook for more information regarding roster day.
4. The season will consist of five games with a maximum of two scheduled games per week.
5. The starting time for games is 3:30 p.m. Exception: Contests played at John Poole Middle School will begin at 3:15 p.m.
6. Teams will have a minimum warm-up period of 15 minutes. Games will be played in 30-minute halves, with a 10-minute half time.
7. All games will have a two-hour time limit. Thunder/lightning delays are included in the time limit. In the event of a tie occurring within the two hour time limit, up to two five (5) minute sudden victory overtime periods may be played to break the tie. Teams will change sides between periods. There will be no break. If the score remains tied at the end of the second overtime, the game will be considered a tie.
8. National Federation rules will be used with unlimited substitutions.
9. A player receiving a yellow card must be removed from the game until the next substitution. A player receiving a red card or a second yellow card is ejected from the game and must sit out the next game.
10. NFHS guidelines for soccer uniforms:
  - The designated home team will wear dark jerseys and socks while the visiting team will wear the solid white jersey and socks.
  - A player must wear matching socks (two matching dark socks at home, two matching white socks away). Players not conforming to this rule will not be allowed to play.
11. Shin guards, worn inside matching team socks, are required for all players. Players may wear shoes with molded rubber cleats. Shoes with screw-in or metal cleats cannot be worn. Cleats may not be worn on buses or in school buildings. Male goalies should wear a protective cup.
12. Responsibilities of the home team:
  - a. Ensure that the field is playable and is clearly lined.
  - b. Supply three (3) official synthetic leather size 5 soccer balls.
  - c. Provide two (2) ball persons and two (2) lines persons.
  - d. Set up soccer goals and nets. SPECIAL NOTE: *Portable goal posts must be anchored firmly in the ground.*
  - e. Supply four (4) official corner flags/cones.
  - f. Mark a restraining line on the opposite side of the field from the players for spectators—cones may be used.

## **2019 BOYS' SOCCER SCHEDULE**

The starting time for all games will be 3:30 p.m.  
Exception: John Poole Middle School home games will begin at 3:15 p.m.

### **Wednesday 3/27/2019**

Clemente at Rocky Hill  
Hallie Wells at Neelsville  
Ridgeview at Lakelands Park  
Kingsview at Poole  
Takoma Park at Silver Spring Int'l  
Newport Mill at Sligo  
White Oak at Key  
Briggs Chaney at Lee

### **Tuesday 4/9/2019**

Hallie Wells at Clemente  
Baker at Rocky Hill  
Ridgeview at Kingsview  
King at Poole  
Takoma Park at Newport Mill  
Eastern at Sligo  
White Oak at Briggs Chaney  
Banneker at Lee

### **Thursday 3/28/2019**

Westland at Silver Creek  
Pyle at Tilden  
Wood at Hoover  
Frost at Julius West  
Shady Grove at Montgomery Village  
Gaithersburg at Redland  
Rosa Parks at Loiederman  
Farquhar at Parkland

### **Wednesday 4/10/2019**

Westland at Pyle  
North Bethesda at Tilden  
Wood at Frost  
Cabin John at Julius West  
Shady Grove at Gaithersburg  
Forest Oak at Redland  
Rosa Parks at Farquhar  
Argyle at Parkland

### **Tuesday 4/2/2019**

Neelsville at Baker  
Rocky Hill at Hallie Wells  
Lakelands Park at King  
Poole at Ridgeview  
Silver Spring Int'l at Eastern  
Sligo at Takoma Park  
Key at Banneker  
Lee at White Oak

### **Thursday 4/11/2019**

Neelsville at Clemente  
Baker at Hallie Wells  
Lakelands Park at Kingsview  
King at Ridgeview  
Silver Spring Int'l at Newport Mill  
Eastern at Takoma Park  
Key at Briggs Chaney  
Banneker at White Oak

### **Thursday 4/4/2019**

Silver Creek at North Bethesda  
Tilden at Westland  
Hoover at Cabin John  
Julius West at Wood  
Montgomery Village at Forest Oak  
Redland at Shady Grove  
Loiederman at Argyle  
Parkland at Rosa Parks

### **Wednesday 4/24/2019**

Silver Creek at Pyle  
North Bethesda at Westland  
Hoover at Frost  
Cabin John at Wood  
Montgomery Village at Gaithersburg  
Forest Oak at Shady Grove  
Loiederman at Farquhar  
Argyle at Rosa Parks

## 2019 BOYS' SOCCER SCHEDULE

### **Thursday 4/25/2019**

Clemente at Baker  
Rocky Hill at Neelsville  
Kingsview at King  
Poole at Lakelands Park  
Newport Mill at Eastern  
Sligo at Silver Spring Int'l  
Briggs Chaney at Banneker  
Lee at Key

### **Tuesday 4/30/2019**

Pyle at North Bethesda  
Tilden at Silver Creek  
Frost at Cabin John  
Julius West at Hoover  
Gaithersburg at Forest Oak  
Redland at Montgomery Village  
Farquhar at Argyle  
Parkland at Loiederman

### **Wednesday 5/1/2019**

King at Baker  
Poole at Clemente  
Ridgeview at Neelsville  
Kingsview at Rocky Hill  
Lakelands Park at Hallie Wells  
Key at Eastern  
Lee at Newport Mill  
Banneker at Silver Spring Int'l  
Briggs Chaney at Sligo  
White Oak at Takoma Park

### **Thursday 5/2/2019**

Frost at North Bethesda  
Hoover at Pyle  
Wood at Silver Creek  
Julius West at Tilden  
Cabin John at Westland  
Parkland at Forest Oak  
Argyle at Gaithersburg  
Rosa Parks at Montgomery Village  
Farquhar at Redland  
Loiederman at Shady Grove

❖ **Season ends: 5/16/2019**

## **2019 GIRLS' SOCCER SCHEDULE**

The starting time for all games will be 3:30 p.m.  
Exception: John Poole Middle School home games will begin at 3:15 p.m.

### **Wednesday 3/27/2019**

Rocky Hill at Clemente  
Neelsville at Hallie Wells  
Lakelands Park at Ridgeview  
Poole at Kingsview  
Silver Spring Int'l at Takoma Park  
Sligo at Newport Mill  
Key at White Oak  
Lee at Briggs Chaney

### **Thursday 3/28/2019**

Silver Creek at Westland  
Tilden at Pyle  
Hoover at Wood  
Julius West at Frost  
Montgomery Village at Shady Grove  
Redland at Gaithersburg  
Loiederman at Rosa Parks  
Parkland at Farquhar

### **Tuesday 4/2/2019**

Baker at Neelsville  
Hallie Wells at Rocky Hill  
King at Lakelands Park  
Ridgeview at Poole  
Eastern at Silver Spring Int'l  
Takoma Park at Sligo  
Banneker at Key  
White Oak at Lee

### **Thursday 4/4/2019**

North Bethesda at Silver Creek  
Westland at Tilden  
Cabin John at Hoover  
Wood at Julius West  
Forest Oak at Montgomery Village  
Shady Grove at Redland  
Argyle at Loiederman  
Rosa Parks at Parkland

### **Tuesday 4/9/2019**

Clemente at Hallie Wells  
Rocky Hill at Baker  
Kingsview at Ridgeview  
Poole at King  
Newport Mill at Takoma Park  
Sligo at Eastern  
Briggs Chaney at White Oak  
Lee at Banneker

### **Wednesday 4/10/2019**

Pyle at Westland  
Tilden at North Bethesda  
Frost at Wood  
Julius West at Cabin John  
Gaithersburg at Shady Grove  
Redland at Forest Oak  
Farquhar at Rosa Parks  
Parkland at Argyle

### **Thursday 4/11/2019**

Clemente at Neelsville  
Hallie Wells at Baker  
Kingsview at Lakelands Park  
Ridgeview at King  
Newport Mill at Silver Spring Int'l  
Takoma Park at Eastern  
Briggs Chaney at Key  
White Oak at Banneker

### **Wednesday 4/24/2019**

Pyle at Silver Creek  
Westland at North Bethesda  
Frost at Hoover  
Wood at Cabin John  
Gaithersburg at Montgomery Village  
Shady Grove at Forest Oak  
Farquhar at Loiederman  
Rosa Parks at Argyle

## 2019 GIRLS' SOCCER SCHEDULE

### **Thursday 4/25/2019**

Baker at Clemente  
Neelsville at Rocky Hill  
King at Kingsview  
Lakelands Park at Poole  
Eastern at Newport Mill  
Silver Spring Int'l at Sligo  
Banneker at Briggs Chaney  
Key at Lee

### **Tuesday 4/30/2019**

North Bethesda at Pyle  
Silver Creek at Tilden  
Cabin John at Frost  
Hoover at Julius West  
Forest Oak at Gaithersburg  
Montgomery Village at Redland  
Argyle at Farquhar  
Loiederman at Parkland

### **Wednesday 5/1/2019**

Baker at King  
Clemente at Poole  
Neelsville at Ridgeview  
Rocky Hill at Kingsview  
Hallie Wells at Lakelands Park  
Eastern at Key  
Newport Mill at Lee  
Silver Spring Int'l at Banneker  
Sligo at Briggs Chaney  
Takoma Park at White Oak

### **Thursday 5/2/2019**

North Bethesda at Frost  
Pyle at Hoover  
Silver Creek at Wood  
Tilden at Julius West  
Westland at Cabin John  
Forest Oak at Parkland  
Gaithersburg at Argyle  
Montgomery Village at Rosa Parks  
Redland at Farquhar  
Shady Grove at Loiederman

❖ **Season ends: 5/16/2019**



## FORMS AND DOCUMENTS

Visit the MCPS Athletics webpage for forms relevant to the MCPS middle school interscholastic athletics program @ [www.montgomeryschoolsmd.org/departments/athletics/](http://www.montgomeryschoolsmd.org/departments/athletics/). Forms directly affecting students and parents are contained on the Parent/Student page. Forms and documents that affect schools and coaches (but not students) are contained on the Coach/AD page. A summary of forms and documents located on the Athletics web page includes:

### **1. Forms and Documents That Pertain to All Middle School Student-Athletes (Parent/Student page)**

- *Middle School Parent/Guardian Permission Form*
- *MCPS Form SR-8, Pre-participation Physical Evaluation (including History Form, Supplemental History Form for the Athlete with Special Needs, Physical Examination form, and Clearance Form)*
- *MCPS Form 560-31: Parent/Guardian Approval for Trips: MCPS Transportation Is Not Provided*
- *MCPS Form 560-30: Medical Card for Athletes*

### **2. Forms and Documents That Affect Schools/Athletic Coordinators/Coaches (but not students) (Coach/AD page)**

- *MCPS Child Abuse and Neglect Policy (MCPS website)*
- *MCPS Extracurricular Stipend Form (for hiring coaches) (MCPS website)*
- *MCPS Form 565-13: Coach Evaluation Form (MCPS website)*
- *Middle School Coach's Postseason Checklist*

The following forms were previously found on the website and will now be sent electronically as Google Docs, at the close of each season.

- *Middle School Softball End-of-Season Evaluation*
- *Middle School Cross Country End-of-Season Evaluation*
- *Middle School Basketball End-of-Season Evaluation*
- *Middle School Soccer End-of-Season Evaluation*
- *Middle School Athletic Coordinator's Evaluation*

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