Division of Early Childhood Programs and Services

Community Resource Guide

for

Preschool Children and Their Families

Prekindergarten/Head Start Unit

2013–2014
VISION
We inspire learning by providing the greatest public education to each and every student.

MISSION
Every student will have the academic, creative problem solving, and social emotional skills to be successful in college and career.

CORE PURPOSE
Prepare all students to thrive in their future.

CORE VALUES
Learning
Relationships
Respect
Excellence
Equity

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850 Hungerford Drive
Rockville, Maryland 20850
www.montgomeryschoolsmd.org
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24-Hour Emergency and Hotline Numbers

Emergencies: Fire/Rescue, Police .......................................................... 911 (Voice / TTY)
Rape/Sexual Assault Victim Crisis Line ........................................... 240-777-4357, TTY: 240-777-1347
Spouse Abuse/Abused Persons Crisis Line ................................. 240-777-4673, TTY: 240-777-4850
Child Protective Services ................................................................. 240-777-4417, TTY: 240-777-3357
Aging and Disability Resource Unit ............................................. 240-777-3000, TTY: 240-777-4575
Montgomery County Crisis Hotline, Mental Health Association ......... 301-738-2255
Montgomery County Youth Crisis Hotline, Mental Health Association .... 301-738-9697
Maryland Youth Crisis Line ............................................................ 1-800-422-0009
National Suicide Prevention Helpline ........................................ 221-800-SUICIDE (784-2433)
Poison Center ............................................................................ 1-800-222-1222, TTY: 202) 362-8563
Montgomery County Crisis Center ............................................. 240-777-4000, TTY: 240-777-4815
Montgomery County Emergency Management ................................ 240-777-2300 or MD Relay at 711

Important Phone Numbers and Information

Montgomery County Customer Service Center ........................................ 311
Police Nonemergency ................................................................. 301-279-8000 (Voice / TTY)
Fire Nonemergency ................................................................. 240-777-2400, TTY: 240-777-0725
Allegheny Power ........................................................................ 1-800-544-4877, TTY: 240-777-9445
American Red Cross ................................................................. 301-588-2515 or MD Relay at 711
Verizon Telephone Repair .......................................................... 301-954-6260, TTY: 240-777-0725
Baltimore Gas and Electric (BG&E) ........................................... 1-800-685-0123, TTY: 1-800-735-2258
PEPCO to report outages .......................................................... 1-877-737-2662
PEPCO to report downed wires ................................................ 1-877-737-2662, TTY: 202-872-2369
Washington Gas to report leaks .................................................. 1-800-752-7520
Washington Gas emergencies .................................................. 1-800-752-7520 or 703-750-1400, TTY: 703-750-1000
WSSC (24 hrs.) Maintenance .................................................. 1-800-828-4002 or 301-206-4002 (Ext. 4002), TTY: 703-206-8232

Emergency Radio Stations

WMAL ...................................................630 AM
WAMU ...........................................88.5 FM
WMZQ ...........................................98.7 FM
WTNT ...........................................730 AM
WTOP ...........................................103.5 FM
WASH .........................................97.1 FM
WBIG ...........................................100.3 FM
WRC ...........................................1260 AM

Regional Services Centers

Bethesda-Chevy Chase Regional Services Center
4805 Edgemoor Lane
Bethesda, Maryland
240-777-8200, TTY: 240-777-8212

Silver Spring Regional Services Center
One Veterans Place
Silver Spring, Maryland
240-777-5300, TTY: 1-800-735-2258

Customer Service Center, Montgomery County
311

Upcounty Regional Services Center
12900 Middlebrook Road
Germantown, Maryland
240-777-8040, TTY: 240-777-8002

Eastern Montgomery Regional Services Center
3300 Briggs Chaney Road
Silver Spring, Maryland
240-777-8414, TTY: 240-777-2545

TESS Community Services Center
8513 Piney Branch Road
Silver Spring, Maryland
301-565-7675 or via MD Relay at 711

Mid-County Regional Services Center
2424 Reedie Drive
Wheaton, Maryland
240-777-8100, TTY: 240-777-2545

Mid-County Regional Services Center
2424 Reedie Drive
Wheaton, Maryland
240-777-8100, TTY: 240-777-2545
Abuse

Crisis Hotlines
See page 1 for listings of 24-hour emergency and hotline numbers.

Abused Persons Program—240-777-4195
1301 Piccard Drive, Rockville
Crisis intervention, shelter, support, and advocacy are provided for persons who are physically or emotionally abused. Counseling also provided for abusers. Services in Spanish are available.

Adult Protective Services—240-777-3000
401 Hungerford Drive, Rockville
24-hour line, seven days a week. Offers assessment, case management, and investigative services for vulnerable/disabled adults.

Child Protective Services—240-777-4417
1301 Piccard Drive, Rockville
Responds to reports of suspected abuse or neglect, 24 hours a day, seven days a week.

Victim Assistance and Sexual Assault Program—240-777-1355
1301 Piccard Drive, Rockville
Provides rape crisis services, crisis counseling, crime victim counseling, hospital outreach for rape and sexual assault victims, victim assistance, individual and family counseling, advocacy, and assistance in obtaining crime compensation funds.

Ed Bohrer Parent Resource Center—301-926-4895
35 North Summit Avenue, Gaithersburg
Provides adult education, parenting, and family support services.

Goodwill Industries/
Job Training and Education—202-636-4225
2200 S. Dakota Avenue, N.W., Washington, D.C.
Offers job training for people with disabilities. Store hours: Monday–Friday, 9:00 a.m.–5:00 p.m. Located on Metro bus line.

Latino Outreach Program, Community Ministries of Rockville—301-251-2136
Provides literacy and English classes.
Contact: Cecilia Rojas. CMRLOP@aol.com

Literacy Council of Montgomery County—301-610-0030
21 Maryland Avenue, Suite 320, Rockville
E-mail at info@literacycouncilmcmd.org website: www.literacycouncilmcmd.org. Provides individual tutoring for adults in ESOL, reading, and writing.

Mental Health Association, Families Foremost—301-424-2989
451 Hungerford Drive, Suite 700, Rockville
Offers literacy, General Education Diploma (GED), and computer classes, for pregnant women and parents with children under 3 who are Montgomery County residents.

Montgomery College, Adult Education Department—301-962-8950
11002 Veirs Mill Road, South Office Building, Suite 210, Silver Spring
Offers classes in English for Speakers of Other Languages (ESOL), GED, typing, etc., at various locations throughout the county.

MontgomeryWorks—301-929-4350
11002 Veirs Mill Road, South Office Building, 1st Floor, Silver Spring, or 240-777-2050
12900 Middlebrook Road, Germantown
Provides job and career counseling, workshops, and resource center services to include on-site employer recruitments at www.montgomeryworks.com.

Special Needs Library/Talking Book Library—240-777-0960; TTY—301-565-7505
6400 Democracy Boulevard, Bethesda
Provides information and reading materials for people with disabilities, family members, and service providers.

Telephone Reference/Book Information, Montgomery County Libraries—240-777-0001
Library website: www.montgomerycountymd.gov/content/libraries/index.asp; Multicultural Services, English/Chinese, 240-777-0027; English/Spanish, 240-777-0025.

Child Care

The ARC Montgomery County, Karasik and Family, Infant and Child Care Center—301-984-5777
10611 Tenbrook Drive, Rockville
Serves children 6 weeks to 5 years old. Integrates typically developing children and children with developmental disabilities and chronic medical conditions. Sliding scale. Accepts Maryland Medical Assistance.
LOCATE: Child Care—1-877-261-0060
Offers referrals to licensed child care providers for individuals looking for child care.
www.MarylandFamilyNetwork.org

Purchase of Care (POC) Program—240-777-1155
7300 Calhoun Place, Suite 700, Rockville
Offers child care subsidies to provide assistance with child care costs to Temporary Cash Assistance (TCA) parents, relative caretakers, and those with recently closed TCA cases.

Working Parents Assistance (WPA)—240-777-1155
7300 Calhoun Place, Suite 700, Rockville
Offers child care subsidies to provide assistance with child care costs to income-eligible parents working 35 hours or more a week.

Crisis

Crisis Hotlines
See page 1 for listings of 24-hour emergency and hotline information.

Crisis Center—240-777-4000
1301 Piccard Drive, Rockville
Offers 24-hour crisis intervention counseling, shelter, and support.

Mental Health Association,
Montgomery County Hotline—301-738-2255
Provides a 24-hour crisis intervention phone service that is confidential and anonymous.

Mental Health Association, Montgomery County
Youth Crisis Hotline—301-738-9697
Provides a 24-hour crisis intervention hotline for youth under 21.

Montgomery County Information and Referral Hotline—311
Provides information for local government and community resources. Monday–Friday, 8:30 a.m.–5:00 p.m.

Early Childhood Education / Child Development Programs

Child Find Program,
Early Childhood Disabilities Unit—301-230-5966
Assists families with young children, 33 months or older, to address special needs. Provides free screening for children who may be delayed in their speech, motor, or cognitive development.

ChildLink—240-777-4769
Provides information and resources in Montgomery County for children from birth to 5 years old.

Department of Public Libraries,
Preschool Programming—240-777-0001
Website: www.montgomerycountymd.gov/content/libraries/index.asp. Offers programs to preschool children to introduce children and their parents/caregivers to the benefits of early language development and literacy. Offers library services in many languages, workshops, and story kits.

Early Head Start—Family Services, Inc.
Gaithersburg, 301-840-3272 or Reginald Lourie Center, Rockville/Silver Spring, 301-891-1900 or CentroNia, Langley Park/Silver Spring, 301-543-8040
Offers an early childhood program for low-income families with children from birth to 3 years old and to pregnant women.

Family Services, Inc., Partners in Caring Program—240-864-1060
An enriched child care program employing a multidisciplinary staff to provide integrated educational, recreational, and therapeutic services to children. Family participation is encouraged through Family Night activities. Childcare vouchers are accepted.

Judith P. Hoyer Early Child Care and Education Enhancement Program—301-548-8287
Judy Center at Summit Hall, Rosemont, and Washington Grove elementary schools; 301-431-7696, Silver Spring Judy Center at Rolling Terrace E.S. Early childhood and school-readiness programs offering child care, prekindergarten/Head Start, parent-child activities, parent education, health services, and family support.

Mental Health Association, Families Foremost—301-424-2989
451 Hungerford Drive, Suite 700, Rockville
Offers parenting classes, parent-child activities, child development, and a drop-in center.

Montgomery County Infants and Toddlers Program—240-777-3997
51 Monroe Street, Suite 1700, Rockville
Assists families with children from birth to 3 years old to address special needs and to maximize their children’s developmental potential.

Montgomery County Public Schools (MCPS), Prekindergarten/Head Start Programs—301-230-0676
4910 Macon Road, Rockville
Offers an early childhood program for eligible 3- and 4-year-old children to include education, health, parent involvement, and social services.

Reginald S. Lourie Center for Infants and Young Children—301-984-4444
12301 Academy Way, Rockville
Therapeutic Nursery Program for 3- and 4-year-old children who have severe social and emotional problems that interfere with their ability to attend a traditional preschool or nursery school program. Individual and family therapy are components of the program.

Emergency Financial Assistance

Bethesda Cares—301-907-9244
7728 Woodmont Avenue, Bethesda
Provides assistance to prevent eviction and utility shut offs. Referral preferred from DHHS or other service provider.

Bethesda Help—301-294-4888
Short-term emergency solutions only. Provides assistance for rent, utilities, transportation, and prescriptions.

Catholic Charities—301-942-1790
12247 Georgia Avenue, Silver Spring
Provides assistance with rent, prescriptions, and emergency food. Appointment required.
Community Ministries of Rockville, Rockville Emergency Assistance Program (REAP)—301-917-6811
8 W. Middle Lane, Rockville
Provides emergency financial assistance to residents within Rockville zip codes. Assist with eviction, foreclosure, utility cut off and prescriptions.
Damascus Help—301-253-4100
Provides emergency financial assistance with written notice of eviction, foreclosure, or utility disconnection.
Department of Health and Human Services, Office of Home Energy Programs—240-777-4450
1301 Piccard Drive, Rockville
Provides assistance to low income families with electric bills and home heating costs.
Department of Health and Human Services, Emergency Services and Crisis Intervention for Homeless Families
240-777-4550, 1301 Piccard Drive, Rockville
240-777-4755, 8818 Georgia Avenue, Silver Spring
240-777-4448, 12900 Middlebrook Road, Germantown
Offers assistance (once a year) to families facing eviction or utility disconnection. Provides assistance with security deposit, food referrals, prescriptions, and burial assistance. Doors open from 8:30 a.m.–5:00 p.m. or Tuesday evenings by appointment only.
Department of Health and Human Services, Income Maintenance
240-777-4600, 1301 Piccard Drive, Rockville
240-777-3420, 12900 Middlebrook Road, Germantown
240-777-3100, 8818 Georgia Avenue, Silver Spring
Applications for food stamps, medical assistance, and TCA are processed.
Eastern Montgomery Emergency Assistance Network (EMEAN)—301-879-2688
Provides emergency financial assistance with written notice of eviction, foreclosure, or utility disconnection; or to purchase prescriptions. Referral preferred from DHHS, congregation, or other service provider.
Faith Connections, Inc.—301-482-0522
Provides emergency financial assistance for delinquent rent and mortgage. Other needs considered. Referral preferred from DHHS, congregation, or other service provider.
Gaithersburg Help—301-216-2510
Provides assistance for the purchase of prescriptions. Other emergency needs are considered.
Midcounty United Ministries (MUM)—301-929-8675
2424 Reedie Drive, Wheaton
Provides emergency assistance with written notice of eviction, foreclosure, or utility disconnection; or to purchase prescriptions.
Ministries United Silver Spring/Takoma Park (MUSST)—301-495-4699
8818 Georgia Avenue, Silver Spring
Provides emergency financial assistance with written notice of eviction, foreclosure, or utility disconnection, or to purchase prescriptions. Serves zip codes 20901, 20910, and 20912. First call, 240-777-3075.
Olney Help—301-774-4334
Emergency financial assistance for evictions, foreclosure, utility disconnection, or to purchase prescriptions.
Salvation Army—301-515-5354
20021 Aircraft Drive, Germantown
Assists with food referrals and utility bills. Provides referrals for clothing.
Upper Montgomery Assistance Network (UMAN)—301-926-4422
Provides emergency financial assistance with written notice of eviction, foreclosure, or utility disconnection.
Western Upper Montgomery County Help, Inc. (WUMCO)—301-972-8481
Provides emergency financial assistance for rent and mortgage payments, medical expenses, utilities, car repairs, transportation, and prescription medicine, for Poolesville, Beallsville, Barnesville, Dickerson, and Boyds.

Family Support Services
Department of Health and Human Services, Child Welfare Services
Call 240-777-4417 to report abuse and neglect.
Call 240-777-1664 to obtain information and request foster care, adoption, and family preservation services.
Offers an array of services to support families; parent education, counseling, and referrals to community resources.
Family Services, Inc., Healthy Families
Montgomery—301-840-3232
Serves first-time Montgomery County parents with home visits, case management, health education, child development services, and parent groups.
Mary’s Center—240-485-3160
8709 Flower Avenue, Silver Spring
Provides health care, family literacy, social services, and mental health services.
Mental Health Association, Families Foremost—301-424-2989
3950 Ferrara Drive, Suite 700, Rockville
Provides mental health, substance abuse, and mental health services.
Mental Health Association, Kensington/Wheaton Youth Services (KWYS)—301-933-2818
3950 Ferrara Drive, Silver Spring
Offers individual, group, and family counseling, community education, and workshops to youth and their families in the Kennedy, Einstein, and Wheaton high school clusters. Provides support to local schools and students.
Rockville Community Services—240-314-8310
Provides emergency assistance, housing counseling, and Step Teen program for the City of Rockville residents.
Financial Counseling and Small Business/Microenterprise Services

Money Management International/Consumer Credit Counseling Information—1-800-747-4222
15847 Crabbs Branch Way, Rockville
Provides budget counseling, financial education, credit reports, and debt payment plans.

National Foundation for Credit Counseling—1-800-388-2227
Call for a referral for debt counseling services. For Spanish, call 1-800-682-9832, 9:00 a.m.–5:00 p.m., Monday–Friday.

Maryland Small Business and Technology Development Center—University of Maryland, College Park—301-403-0501
Provides workshops, seminars, and information for start-up or existing businesses, www.mdsbdc.umd.edu

Washington Metropolitan Area District Office of the U.S. Small Business Administration—202-272-0345
740 15th Street, N.W., Suite 300, Washington, D.C.
Provides free counseling, advice, and information on starting a business, financial assistance/loans, as well as management and technical assistance. Partners with programs for women entrepreneurs and minorities.

Food, Clothing, and Furniture

Adventist Community Services of Greater Washington—301-585-6556
501 Sligo Avenue, Silver Spring
Food pantry limited to once every 30 days. Monday–Thursday, 10:00 a.m.–4:00 p.m. Free clothing allocations can, at most, be made once every 90 days by appointment only.

C-4 Clothes Closet and Baby Closet—301-989-8742
14015 New Hampshire Avenue, Silver Spring
Open Tuesdays, Thursdays and Fridays from 9:00–11:00 a.m. Proof of residency and written referral is required.

Casa of Maryland—301-431-4185
310 Tulip Avenue, Takoma Park
Offers biweekly food distribution. Register in advance. Emergency food is provided on as-needed basis during the week.

Catholic Charities—301-942-1790
12247 Georgia Avenue, Silver Spring
8:00 a.m.–5:00 p.m., Monday–Friday, by appointment only.

Congregation and Community Emergency Program, Interfaith Works—301-762-8682, x231
Referral service for emergency assistance. Administers grants to prevent evictions, for utility services, and for prescriptions.

Department of Health and Human Services, Income Maintenance
240-777-4600, 1301 Piccard Drive, Rockville
240-777-3420, 12900 Middlebrook Road, Germantown
240-777-3100, 8818 Georgia Avenue, Silver Spring
Applications for food stamps, medical assistance, and temporary cash assistance (TCA) are processed.

First Baptist Church—301-585-5454
8415 Fenton Street, Silver Spring
Offers food closet at the back of the church on Saturdays, 10:00 a.m.–12:00 p.m. Identification for each member of the family and proof of residence required.

First Baptist Church of Kensington—301-942-3423
3922 Hampden Street, Kensington
Food and clothes pantry every third Saturday of the month from 10:00 a.m.–2:00 p.m.

First Call for Help (United Way)—1-800-492-0618
Provides referrals to a wide variety of agencies for clothing, furniture, housing, food, and other services.

Help/Fish Organizations
Offer emergency assistance that may include: food, medicine, transportation, and/or help with utilities or rent. Each organization serves specific zip codes.

Bethesda
301-365-2022

Damascus
301-253-4100

Gaithersburg
301-216-2510

Germantown
301-482-1320

Olney
301-774-4334

Rockville
301-564-0800

Western Upper Montgomery County (W.U.M.C.O.)
301-972-8481

Interfaith Clothing Center—301-424-3796
751 Twinbrook Parkway, Rockville
Monday–Saturday, 10:00 a.m.–12:00 p.m. and 1:00 p.m.–3:00 p.m., except for Wednesday’s which is for senior citizens and those with disabilities only. Free clothing once a month. Must be county resident with referral and I.D. from State of Maryland or CASA of Maryland.

Lord’s Table/Gaithersburg Community Soup Kitchen at St. Martin’s Church—301-330-5812
Open September through June. For information, call 1:00–5:00 p.m., Monday–Saturday. Soup kitchen is open from 3:30–4:30 p.m., Monday–Saturday. Closed on Thanksgiving.

Manna Food Center—301-424-1130
By referral only. Call this number only if you need to reschedule the pick-up day. Distribution centers and times:

Gaithersburg: MANNA main office
9311 Gaither Road
Monday–Friday, 12:00–3:00 p.m.

Gaithersburg: Family Services Agency
630 East Diamond Avenue
Thursday, 5:00–7:00 p.m.

Germantown: Salvation Army Center
20021 Aircraft Drive
Thursday, 2:00–4:00 p.m.

Silver Spring: East County Regional Services Center
3300 Briggs Chaney Road
Friday, 2:00–4:00 p.m.

Silver Spring: St. Camillus Church
1600 St. Camillus Drive
Monday, 2:00–4:00 p.m.

Silver Spring: Long Branch Community Center
8700 Piney Branch Road
Wednesday, 4:00–7:00 p.m.

Wheaton: Catholic Charities Community Center
12247 Georgia Avenue
Tuesday, 4:00–7:00 p.m.
Midcounty United Ministries (MUM)—301-929-8675
2424 Reede Drive, Wheaton
Food pantry Mondays and Wednesdays, 9:00 a.m.–4:30 p.m., Tuesdays 10:00 a.m.–2:30 p.m., and Thursdays, 9:00 a.m.–3:00 p.m.

Muslim Inter-Community Network (MICN)—301-384-3454
Clothing resource by appointment only.

Rockville Pregnancy Clinic—301-770-4444
12730 Twinbrook Parkway, Rockville
Provides clothing/baby supplies.

Salvation Army—301-515-5354
20021 Aircraft Drive, Germantown
Assists with food referrals and utility bills. Provides referrals for clothing.

Share Food Network Program—301-864-3115 or 1-800-217-4273
Community-based, nonemergency food assistance program offered at various locations throughout the area.

Shady Grove Pregnancy Center—301-963-6223
16220 Frederick Road, Suite 118, Gaithersburg
Offers maternity clothes, baby clothes, and equipment.

Shepherd’s Table Soup Kitchen/Community Vision at Progress Place—301-585-6463
8210 Colonial Lane, Silver Spring
Services provided include showers, clothes, counseling, prescription assistance, and referrals. Dinner is from 6:00–7:30 p.m. daily.

St. Martin’s Catholic Church—301-990-3203
201 S. Frederick Avenue, Gaithersburg
Food pantry. Distribution is on Mondays from 10:00–11:30 a.m. Pick-up of line numbers starts at 6:00 a.m.

Super Help—301-216-2510
Gaithersburg
Nutrition and education program offers information on creating a household budget and other skills.

Women, Infants, and Children (WIC), Community Clinic, Inc.
Provides supplemental food to nursing, pregnant women, and children 5 years old and under at various county locations:

Gaithersburg 301-840-8339
Germantown 301-515-7576
Takoma Park 301-439-7373
Wheaton 301-933-6680

Health Insurance/Coverage

Department of Health and Human Services, Service Eligibility Units (SEU)
Processes applications for uninsured and undocumented children and adults to access health care services. Services covered include prenatal care, pediatric services, family planning, dental, vision, hearing, as well as referrals for adults with special conditions. Contact the SEU in your locality:

Rockville 301-840-8339
Silver Spring 301-515-7576
Takoma Park 301-439-7373
Wheaton 301-933-6680

Prescription Programs

Gaithersburg HELP—301-216-2510
Funding assistance for medication for residents of Gaithersburg zip codes.

MedBank—301-628-3422

WUMCO HELP—301-972-8481
Emergency prescription assistance for residents of Poolesville, Beallsville, Barnesville, Dickerson and Boyds.

Health Services

Asthma Program—240-777-3384
8630 Fenton Street, Silver Spring.

Community Clinics, Inc. (CCI)
Provide low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment:

Silver Spring 301-585-1250
Takoma Park 301-431-2972
Gaithersburg 301-216-0880

Department of Health and Human Services Clinics
Offer eligibility, screening, and referrals for prenatal care. Offer primary care and mental health clinics. Provide pregnancy testing and immunization services to Montgomery County residents. Immunizations are provided free of charge to children and at a low fee for adults coming in for influenza and pneumonia immunizations. Contact your local clinic:

Germantown Health Center 240-777-3380
12900 Middlebrook Road, 2nd Floor
Silver Spring Health Center 240-777-3160
8630 Fenton Street, 10th Floor
School Health Services Center 301-468-4529
4910 Macon Road, Rockville
for school-age children 5–18 years old only.

Department of Health and Human Services, Dennis Avenue Clinic—240-777-1790
2400 Dennis Avenue, Silver Spring

Specialty services for communicable diseases and epidemiology. Provides testing for tuberculosis (TB), HIV/AIDS, and sexually transmitted diseases (STD).

Department of Health and Human Services, Mary’s Center—240-485-3160
8709 Flower Avenue, Silver Spring

Offers health care and mental health services.

Mercy Health Clinic—240-773-0300
7-1 Metropolitan Court, Gaithersburg
Offers medical services to uninsured low-income residents of Montgomery County. Eligibility screenings are conducted via the Service Eligibility Units (SEU). No emergency appointments.
Mobile Medical Care—301-493-2400
Low-cost family health care provided to the uninsured in Montgomery County. Call for details as to paperwork that you need to bring with you to the appointment and for exact locations in Silver Spring, Rockville, Bethesda, and Gaithersburg.

Proyecto Salud—301-962-6173
2424 Reede Drive, Wheaton

Su Familia—1-866-783-2645, or 1-866-SU FAMILIA
National Helpline, 9:00 a.m.–6:00 p.m. Free, reliable, and confidential health information in English and in Spanish. Provides information on a wide range of health topics and referrals to low-fee health providers in locations according to your ZIP code.

Su Familia, Prenatal Health Line—1-800-504-7081
Provides referrals for low cost prenatal health care.

Dental Services
Catholic Charities Dental Clinic—301-933-0868
12247 Georgia Avenue, Silver Spring
Dennis Avenue Health Center—240-777-1737
2000 Dennis Avenue, Silver Spring
For low-income HIV patients. Provides primary, preventive, and restoration services to Montgomery County residents without insurance.

Department of Health and Human Services, Dental Services
Provided to low-income children, 2–18 years old and eligible maternity clients. Sliding scale. Must meet eligibility requirements. Secretary is available only once a week. Call to leave a message.

Germantown clinic 240-777-3290
Silver Spring clinic 240-777-3135
Rockville Piccard Health Center 240-777-1875
Howard University Dental Clinic—
202-806-0007 or 202-806-0307 for children, or
202-806-0011 for braces
600 W. Street, N.W., 2nd floor, Washington, D.C.
Provides complete exams and x-rays for children and adults of all ages. Emergency clinic is available 9:00 a.m.–1:00 p.m., Monday–Friday, $80 cash fee. Arrive by 8:00 a.m.; limited number of patients seen per day.

Montgomery Volunteer Dental Clinic— 301-384-9795
14015 New Hampshire Avenue, Suite 116, Silver Spring
Basic dental care for low-income adults, 17–59 years old residing in Montgomery County. By referral only.

Washington Hospital Center Dental Clinic—
202-877-7332
110 Irving Street, N.W., Suite GA 144, Washington, D.C.
Provides X-rays, dental exams, and tooth extraction. Payment in full required upon treatment. Strictly by appointment and referral only.

Hearing and Vision Services
Shepherd’s Table Eye Clinic—301-585-6463
8210A Colonial Lane, Silver Spring
Clinic hours are Fridays, 10:00 a.m.–1:00 p.m. By doctor referral only. Call for an appointment Tuesday or Thursday (2:00 to 6:00 p.m.)

Immunization Clinics for Children
2 Months–18 Years Old

Dennis Avenue Health Center—240-777-1050
2000 Dennis Avenue, Silver Spring
Clinic is held on the first Thursday of each month, 5:00–7:00 p.m. Bring copy of immunization record.

Women’s Health Services
(additional listings, see Pregnancy and Women’s Health)

Holy Cross Hospital OB/GYN Department—
301-754-7630
1500 Forest Glen Road, Silver Spring
Prenatal services. Call SEU first.

Women’s Cancer Control Program—240-777-1750
2424 Reede Drive, Wheaton
Provides breast and cervical cancer education, screening, and follow-up for eligible women (40–64 years old). Hours of operation: 8:00 a.m.–4:30 p.m., Monday–Friday.

Housing

Emergency Shelter/Temporary Housing

Crisis Center—240-777-4000, TTY 204-777-4815
1301 Piccard Drive, Rockville
Secures emergency shelter for single adults, 24 hours a day, 7 days a week. Assists families after regular business hours (5:00 p.m.–8:30 a.m. and weekends).

Department of Health and Human Services, Emergency Services and Crisis Intervention for Homeless Families

240-777-4550, 1301 Piccard Drive, Rockville
240-777-3075, 8818 Georgia Avenue, Silver Spring
240-777-4448, 12900 Middlebrook Road, Germantown
All referrals for emergency shelters are made through this office 8:30 a.m.–5:00 p.m., Monday through Friday or the Crisis Center after hours.

Rental Housing

City of Rockville, Moderately Priced Dwelling Unit (MPDU) Rental Program—240-314-8200
111 Maryland Avenue, 2nd Floor, Rockville
Individuals apply directly to the City of Rockville to obtain an eligibility certificate.

Department of Health and Human Services, Rental Assistance Program (RAP)—240-777-4400
1301 Piccard Drive, Rockville
Program is for low-income, disabled, elderly, or for households of two or more. Provides monthly help with rental costs.
Housing Opportunities Commission (HOC)—
240-627-9400, 10400 Detrick Avenue, Kensington
240-773-9350, 231 E. Deer Park Drive, Gaithersburg
240-627-9674, 101 Lakeforest Blvd., Suite 200,
Gaithersburg
Provides information on affordable housing and rental assistance programs for low- and moderate-income families and rental communities that are operated by HOC or private landlords that offer below-market rental units to low- and moderate-income households.
www.HOCMC.org

Montgomery County Department of Housing and Community Affairs, Moderately Priced Dwelling Units (MPDU) and Rental Program—240-777-0311
100 Maryland Avenue, Fourth Floor, Rockville
Rent-controlled units are located in all-rental subdivisions and are offered for rent to eligible households.

Rockville Housing Enterprise—301-424-6265
Offers Public Housing and Housing Choice voucher programs.

Home-Ownership Programs
City of Rockville, Moderately Priced Dwelling Unit Program—240-314-8200
111 Maryland Avenue, Rockville
This purchase program is managed by the City of Rockville.

Housing and Community Initiatives, Inc., Reach, and First Time Home Buyers Closing Cost Assistance Program—301-590-2765
438 N. Frederick Avenue, Suite 305, Gaithersburg
www.hcii.org
Provides assistance with down payment and closing costs for first-time homebuyers.

Maryland Department of Housing and Community Development (MD DHCD)—1-800-756-0119
Manages the Maryland Mortgage Program, the Down Payment and Settlement Expense Loan Program, and the Home-ownership Opportunities for Individuals with Disabilities Program.

Montgomery County Department of Housing and Community Affairs, Moderately Priced Dwelling Units (MPDU) and Rental Program—240-777-0311
100 Maryland Avenue, Fourth Floor, Rockville
Home purchasing program for moderate income families.

Other
Landlord-Tenant Affairs—311
100 Maryland Avenue, 4th Floor, Rockville
Handles disputes between landlords and tenants and gives information on tenant rights.

Immigration and Multicultural Services
American Immigration Lawyers Association—
202-507-7600
1331 G Street, N.W., Suite 300, Washington, D.C.
Contact: Susan Quarles, Deputy Director for the pro bono legal services offered.

Asian-Pacific American Legal Resource Center—
202-393-3572
English, Korean, and Hindi/Urdu hotline;
202-367-3099 Chinese hotline; and 202-367-3097 Vietnamese hotline.

Asian Pacific Islander Domestic Violence Resource Project (DVRP)—
202-464-4477
Provides free assistance for survivors of domestic violence from Asian Pacific Islander communities in the DC metropolitan area through multilingual services in over 10 different languages such as Hindi, Korean, Japanese, Mandarin, and Nepali.
Address: P.O. Box 14268, Washington, D.C. 20044
Website: www.dvrrp.org.

Ayuda—202-387-4848
6925 Willow Street, N.W., Washington, D.C.
Provides legal assistance with immigration and domestic violence issues for the Spanish-speaking community.

Casa of Maryland—301-431-4185
734 University Boulevard E., Silver Spring
Provides immigration counseling, social services assistance, referrals, English language classes, and adult literacy instruction services. Legal representation of low-income workers in employment cases. Monday–Friday, 10:00 a.m.–6:00 p.m.

Catholic Charities—301-942-1790
12247 Georgia Avenue, Silver Spring
Reduced-fee legal services to low-income immigrants.

Center for Applied Legal Studies, Georgetown University Law Center—202-662-9565
Asylum clinic only. Free legal representation to eligible customers for asylum deportation hearings in immigration court. By appointment only.

Comunidad de Habla Hispana—301-587-7217
8519 Piney Branch Road, Silver Spring
Provides comprehensive services free of charge to Hispanic families. Monday–Friday, 10:00 a.m.–6:00 p.m.

Islamic Center of Maryland—301-840-9440
19411 Woodfield Road, Gaithersburg
Counseling services for men, women, and children for personal, familial, marital, and social challenges. Services are provided at no cost to families.

Islamic Society of the Washington Area (ISWA)—
301-879-0930
2701 Briggs Chaney Road, Silver Spring
Provides social services to low-income Muslim families; domestic violence prevention programming, including referrals, family counseling, and temporary shelter to Muslim families.

Korean Community Service Center of Greater Washington—240-683-6663
847 Quince Orchard Blvd. #J, Gaithersburg
Monday–Friday, 9:00 a.m.–5:00 p.m. Provides comprehensive services free of charge to Korean-American families and new immigrants. Appointment necessary.

Maryland Vietnamese Mutual Association—
301-588-6862
8121 Georgia Avenue, Suite 503, Silver Spring
Provides social and immigration services.
Muslim Community Center—301-384-3454 and 301-384-2166 for clinic
15200 New Hampshire Avenue, Silver Spring
Clinic is open Monday, Tuesday, Thursday and Friday, 10:00 a.m. to 5:00 p.m. Must have an appointment. Services are sliding scale for the uninsured, 18 and older.

Spanish Catholic Center, Catholic Charities
301-942-1790, 12247 Georgia Ave., Silver Spring
301-740-2523, 201 E. Diamond Ave., Gaithersburg
Provide employment services, translation of documents, and immigration information. Silver Spring location offers low-cost medical clinic and counseling services.

TESS Community Center—301-565-7675
8513 Piney Branch Road, Silver Spring
Provide social services to the community: income tax help, legal aid, food, public assistance, and assists with problem solving. Services are provided in Spanish and English.

Women’s Law Center of Maryland, Inc.,
Multi-Ethnic Domestic Violence Project (MEDOVI)—410-396-3294
Free services focusing on the special needs of foreign-born victims of domestic violence. For a list of other services, please call 410-321-8761.

Legal Services/Court Advocacy/
Mediation

(See immigration and multicultural services for additional legal services resources.)

Abused Person’s Program—240-777-4210
The Abused Person’s Program provides help to obtain protection and peace orders, crisis and on going counseling, shelter, support, and advocacy services to victims of partner-related domestic abuse. Telephone and walk-in crisis counseling and accessible shelter for victims and their dependent children are available 24 hours a day.

Archdiocesan Legal Network (ALN), Catholic Charities—202-628-4263
Pro bono legal services by appointment. Clients may be seen at different sites in Montgomery County, Prince Georges County, and Washington, D.C. Spanish-speaking clients should call 202-772-4325.

Bar Association of Montgomery County,
Bar Foundation Pro Bono Program—
301-424-7651 or 7652
Three clinic locations:
240-777-4940, Charles Gilchrist Center, Wheaton
301-565-7675, TESS Community Service Center
240-777-6950, Charles Gilchrist Center, Germantown

Bar Association of Montgomery County, Lawyer Referral Service—301-279-9100
With referral from other social service agency—standard fee is $50 for first 50 minutes of initial consultation. Reduced fees: $25 for first 30 minutes, for income eligible clients with referral. No obligations after initial consultation.

Circuit Court, Civil Department—240-777-9401
Judicial Center, 50 Maryland Avenue, Lobby Level, Rockville Addresses legal issues such as foreclosures, federal tax liens, and mechanics liens, lawsuits, automobile liens, and judgments. Low-income persons can request a waiver for court filing fees.

Circuit Court, Domestic Violence Assistance Project,
House of Ruth Legal Clinic—240-777-9077 or 9078
Free civil representation for protective and peace orders.

Circuit Court, Family Division, Pro Se Project—
240-777-9426
Judicial Center, 50 Maryland Avenue, 2nd Floor, Rockville
No telephone services. Free, walk-in clinic that offers general legal information, advice on forms and how to fill out forms, as well as limited legal advice to income-eligible customers who are representing themselves in family law cases such as divorce, custody, visitation, name change, and guardianship. Pro Se staff does not represent customers in court. Low-income customers can request a waiver for court filing fees.

House of Ruth, Maryland Domestic Violence Legal Clinic Hotline—410-889-7884 or 1-888-880-7884
Legal Aid Bureau, Inc.—301-927-6800
Free civil legal services to eligible low-income persons; particularly useful in emergency cases where there is a threat of imminent and serious loss.

Maryland Network Against Domestic Violence—
240-777-4210
The Abused Persons Program provides help with obtaining protective and peace orders, crisis and ongoing counseling, shelter, support and advocacy services to victims of partner-related domestic abuse. 24-hour telephone and walk-in crisis counseling and accessible shelter for victims and their dependent children are available.

Maryland Volunteer Lawyers Service—
1-800-510-0050
Provides free legal assistance for IRS and Medicaid disputes.

Mediation Program—240-777-7300
State Attorney’s Office: 50 Maryland Avenue, 5th floor, Rockville
Free service provided by the State Attorney’s office as a non-judicial means for resolving disputes without court involvement. Monday–Friday, 8:00 a.m.–5:00 p.m.

Montgomery County Family Justice Center—240-773-0444
600 Jefferson Plaza, Suite 500, Rockville
Offers comprehensive services to victims of intimate partner violence, including law enforcement, legal, social services, and counseling.

Office of the Public Defender, Montgomery County Court—240-777-0311
27 Courthouse Square, Rockville
Administrative fee applies; adult $50 and juvenile $25.

State of Maryland, Office of Child Support Enforcement—1-800-332-6347
51 Monroe Street, Rockville
The Maryland Department of Human Resources provides services in all phases of the process of obtaining child support, 8:00 a.m.–4:30 p.m., Monday–Friday.

Women’s Law Center of Maryland—410-321-8761
Provides information and referral. Other assistance programs include Family Law Hotline, 1-800-845-8550; and Legal Forms Hotline, 1-800-818-9888.
Mental Health

(For 24-hour emergency hotlines, see page 1.)

Affiliated Community Counselors—301-251-8965
15841-A Crabb’s Branch Way, Rockville
Provides individual, couples, and family therapy.
Accepts Medical Assistance and private insurance, and offers a sliding-scale fee.

Andromeda Hispano Mental Health Services—
202-291-4707
1400 Decatur Street, N.W., Washington, D.C.
Provides psychiatric and counseling services for individuals, groups, families, children five years old and older, adolescents, and adults. Languages spoken are English, Spanish, French, and Portuguese.

Catholic Charities—301-942-1790
12247 Georgia Avenue, Silver Spring
Provides counseling services to refugees and immigrants.

Child Center and Adult Services, Inc.—301-978-9750
10220 Frederick Road, #502, Gaithersburg
Outpatient mental health services. Provides Spanish-speaking services.

Counseling Plus—301-565-9001
8561 Fenton Street, Suite 230, Silver Spring
Provides counseling in English and Spanish, including substance abuse counseling, for adults only.

Department of Health and Human Services, Adult Behavioral Health Program—240-777-1323
2424 Reede Drive, Wheaton
Offers counseling for medical assistance or uninsured adults/couples with bilingual/bicultural therapists.

Department of Health and Human Services, Child and Adolescent Mental Health Services—
240-777-1450
8818 Georgia Avenue, Suite 501, Silver Spring
Provides services in English and Spanish for children and adolescents who are uninsured or receive Medical Assistance.

Department of Health and Human Services, Linkages to Learning—Main office 240-777-1731
Linkages to Learning sites in MCPS elementary schools are as follows: Broad Acres, Fox Chapel, Gaithersburg, Greencastle, Harmony Hills, Highland, Maryvale, Montgomery Knolls, New Hampshire Estates, Pine Crest, Rolling Terrace, Summit Hall, Weller Road, and Wheaton Woods. Counseling, health, and social services provided on site. The program only works with non-Head Start families or families with older siblings in the school community.

Family Services, Inc., Mental Health Center—
301-840-3263
610 East Diamond Avenue, Gaithersburg
Provides counseling and psychiatric services to children, adolescents, and adults.

Jewish Social Services Agency—
301-881-3700, 301-838-4200
Provides counseling and other social services for families and the elderly are provided on a sliding scale.

Mental Health Association, Kensington/Wheaton Youth Services—301-933-2818
3950 Ferrara Drive, Silver Spring
Provides crisis intervention and counseling, to youth 5–18 years old.

Montgomery County Commission for Women—240-777-8300
21 Maryland Avenue, Suite 330, Rockville
Provides short-term counseling and advocacy in English, French, and Arabic.

Montgomery County Hotline—301-738-2255
Provides supportive conversation for non-emergency purposes.

Montgomery County Mental Health Access Team—
240-777-1770
Provides information about mental health providers for Montgomery County residents who have Medical Assistance or no insurance. Primary point of access for all referrals for child and adolescent mental health clinics.

Pro Bono Counseling Project—410-825-1001 or 1-877-323-5800
Provides referral service for uninsured, low-income families to mental health providers who provide care on a volunteer basis, at no cost.

Reginald S. Lourie Center for Infants and Young Children—301-984-4444
12301 Academy Way, Rockville
Offers prevention, information, and treatment for families and for children with behavioral, emotional, movement and coordination, and/or speech and language problems.

Vesta, Inc., Horizon Outpatient Clinic
240-296-5848, Silver Spring and Germantown
Provides counseling and psychiatric services for children, adolescents, and adults.

Washington School of Psychiatry—202-237-2700
5028 Wisconsin Avenue, N.W., Suite 400, Washington, D.C.
Provides individual, group, and family therapies to children, adolescents, and adults. Accepts Medical Assistance; provides services on a sliding scale.

YMCA Youth Services—301-593-1160 or 301-585-2120
9800 Hastings Drive, Silver Spring
Provides family and individual counseling for children and adults.

Mentoring

Interfaith Works, Friends in Action Program—
301-762-8682 x113
114 West Montgomery Avenue, Rockville
Matches families with teams of 5–10 mentors to work together toward family goals. Program has English and Spanish-speaking teams.

Mental Health Association, Bridges to Pals—
301-424-0656 x123
1000 Twinbrook Parkway, Rockville
Provides mentoring for children ages 5–17 who are having trouble at home, in school, or foster care.

Missing and Exploited Children

Child Find of America—1-800-426-5678
A nonprofit organization whose mission is to locate missing children, prevent child abduction through education, and resolve parental abduction through mediation. Provides support services for mediation, 1-800-292-9668. Monday–Friday, 9:00 a.m.–5:00 p.m.
National Center for Missing and Exploited Children—1-800-843-5678 or 1-888-246-2632
National hotline 24-hours a day, seven days a week. Reports missing children and sightings of missing children. Reports child pornography, prostitution, child sex tourism, and child molestation by a non-family member.

Parenting/Parent Education
Department of Health and Human Services, Parent Resource Centers
Promotes school readiness and provides parent education/guidance. Open to all Montgomery County parents and children birth to 5 years old. Open during the school year. Services provided on a sliding scale at the following sites:
- 301-279-8497, Children’s Resource Center, 332 Edmonston Drive, Rm. D-4, Rockville
- 301-990-6438, Emory Grove, 8107 Morningview Drive, Gaithersburg
- 240-447-8096, Gwendolyn Coffield Community Center, 2450 Lyttonsville Road, Silver Spring

Ed Bohrer Parent Resource Center—301-926-4895
35 North Summit Avenue, Gaithersburg
Offers adult education services, social services, and referrals. Free to Montgomery County residents.

Prekindergarten/Head Start “Totline”—301-230-0688
For Prekindergarten/Head Start families. Call staff psychologists from 9:00 a.m.–5:00 p.m., Monday–Friday, to discuss concerns about your child.

Pregnancy and Women’s Health
Birthright—301-946-3339
12247 Georgia Avenue, Wheaton
Services provided are pregnancy testing, counseling, vouchers for formula or milk, maternity and children’s clothing. Referrals given as needed.

Centro Tepeyac—301-587-9516
1350 Apple Ave., Silver Spring
Services provided are pregnancy testing, prenatal classes, counseling, maternity clothes, and baby supplies. Appointment needed.

Department of Health and Human Services, Baby Steps—240-777-4769
ChildLink is the primary point of entry. Program provides case management for pre- and postpartum women not currently being served by other Department of Health and Human Services or infants at-risk programs. Serves families with children birth to 5 years old.

Department of Health and Human Services, Healthy Start
- 240-777-3591, Germantown
- 240-777-3120, Rockville
- 240-777-3066, Silver Spring
Provides prenatal and child health education and care coordination. Enrollment through Service Eligibility Unit (SEU).

Family Services, Inc., Healthy Families Montgomery—301-840-3231
610 E. Diamond Avenue, Gaithersburg
Offers a comprehensive, home visiting support program for first-time parents. Referrals should be made during pregnancy.

Planned Parenthood Clinics—
- 301-208-1300, 19650 Clubhouse Road, Suite 104, Gaithersburg
- 301-608-8019, 1400 Spring Street, Suite 450, Silver Spring
Provides services for the insured and uninsured. Provides HIV testing, annual exams, family planning, pregnancy testing, and counseling on sliding-scale fee.

Post-Partum Depression Program—301-978-9750
16220 Frederick Road, Suite 502, Gaithersburg
A collaboration program between Healthy Families Montgomery and Child Center and Adult Services, Inc.

Rockville Pregnancy Clinic—301-770-4444
12730 Twinbrook Parkway, Rockville
Offers pregnancy testing, testing for STDs, counseling, and clothing/baby supplies. Services are free.

Shady Grove Pregnancy Center—301-963-6223
16220 Frederick Road, Suite 118, Gaithersburg
Offers free pregnancy testing, counseling, maternity and baby clothes, and equipment.

Teen and Young Adult Health Connection (TAYA)—
301-565-0914 Silver Spring
301-275-7675 Gaithersburg
Women’s health and family planning. Call for an appointment.

Registers
Maryland State, Division of Vital Records—410-764-3036
6550 Reisterstown Road, Baltimore, Maryland
Mailing Address: P.O. Box 68760 Baltimore, Maryland 21215-0036
Services provided: birth, death, marriage, and divorce certificates. Check, cash, or money order accepted. http://dhmh.maryland.gov/vsa/SitePages/Home.aspx

Montgomery County Circuit Court
50 Maryland Avenue, Rockville
Marriage and business certificate applicants, call 240-777-9460, and for verification of divorce decrees, call 240-777-9426.

Register of Wills—240-777-9600
50 Maryland Avenue, Suite 322, Rockville
Offers instructions on procedures in the administration of estates to include preparation of all required forms.

Senior Citizens
Department of Health and Human Services, Aging and Disability Unit, Information and Assistance Center/Adult Protective Services—240-777-3000
Offers information and services for adults over 18 with physical and emotional disabilities, and for elderly adults. Provides services 24 hours, seven days a week

Family Services, Inc.—301-840-2000
640 E. Diamond Avenue, Gaithersburg
Senior activities and counseling are provided on an in-home or in-agency basis. Offers free support groups for widowed persons and caregivers.
Senior Health Insurance Assistance Program (SHIP)—301-590-2819
Provides free information and counseling for seniors, the disabled, and their families on Medicare, Medicaid, managed care, HMOs, long-term care insurance, claims, and appeals.

Service Eligibility Units
These offices review financial status and enroll eligible individuals into a variety of public and private health care programs at the following locations:
240-777-3120, 1335 Piccard Drive, Upper Level, Rockville
240-777-3066, 8630 Fenton Street, 10th Floor, Silver Spring
240-777-3591, 12900 Middlebrook Road, 2nd Floor, Germantown

Social Security Administration
Provides assistance in applying for all social security programs: retirement benefits, spouse survivor benefits, disability pension, Supplemental Security Income (SSI), Medicare, and Medicaid benefits. All ages served, 9:00 a.m.–4:00 p.m., Monday–Friday
1-800-772-1213
11160 Veirs Mill Road, Silver Spring or
10230 New Hampshire Avenue, Silver Spring
1-800-772-1213 or 301-413-0400
315 North Washington Street, Rockville
www.socialsecurity.gov

Social Services
Montgomery County Department of Health and Human Services—Rockville Office
1301 Piccard Drive, Rockville
Crisis, Income, and Victim Services,
Income Supports: 240-777-4600
Children, Youth and Family Services:
240-777-1101; Fax 240-777-1494
Crisis Center: 240-777-4000
Crisis Prevention and Intervention: 240-777-4550
Supportive Housing Programs: 240-777-4500
Rental Assistance Program: 240-777-4400
Office of Home Energy Programs: 240-777-4450

Substance Abuse
Addictions Service Coordination (ASC)—240-777-4710
255 Rockville Pike, Suite 145, Rockville
Provides drug and alcohol assessments and referrals for Montgomery County uninsured adult residents.
Alcoholics Anonymous—202-966-9115 or 301-587-6191
for English-speaking groups,
Oficina Intergupal Hispana—202-587-6191 for Spanish-speaking groups
Alcoholics Anonymous is a fellowship of men and women who share their experiences, strengths, and hope to help each other recover from alcoholism. Call for information on group meetings in the area.

Al-Anon/Alateen—202-635-2023
Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share experiences, strengths, and hope to solve common problems. Call for information on group meetings for adults and teens.

Department of Health and Human Services,
Outpatient Addictions Services (OAS)—240-777-1680
981 Rollins Avenue, Rockville
Provides outpatient substance abuse treatment to adults. Provides services to the uninsured. Must complete a screening process prior to enrolling; call 240-777-4710 for screening appointment first.

Narcotics Anonymous—1-800-543-4670
For the Help Line, call 202-399-5316. Offers support services and group meetings for those seeking support for recovery from drug abuse.

Narcanon—1-800-477-6291
Offers information and support groups for family and friends of drug abusers. www.narcanon.org

Screening and Assessment Services for Children and Adolescents—240-777-1430
Provides free substance abuse screening and assessment services and referrals for children and adolescents.

Transportation
Call-N-Ride Program—301-948-5409
Subsidized transportation program offered to the elderly, disabled, and low-income persons.

Medicaid Transportation Program
Call Service Eligibility Unit (SEU) for information; 240-777-3120, Rockville
240-777-3066, Silver Spring
240-777-3591, Germantown
Provides transportation to persons who have Medical Assistance provided through taxicab vouchers for the purposes of getting to and from medical appointments/doctors offices, and clinics.

Metrorail and Metrobus Information—
202-637-7000 or www.wmata.com
Provides route information and schedules. 24-hour automated service.

Ride On Bus Information—240-777-7433
Hours of operation are Monday–Friday, 7:00 a.m.–5:00 p.m., Website: www.montgomerycountymd.gov

Unemployment
Maryland Government Office of Unemployment Insurance (OUI)—301-313-8000
or toll free at 1-877-293-4125
Monday–Friday, 8:00 a.m.–4:00 p.m. Unemployment insurance provides benefits to persons who are unemployed through no fault of their own and who are ready, willing, and able to work and actively are seeking work.
Utility Payments and Check Cashing

**Department of Health and Human Services, Emergency Services and Crisis Intervention for Homeless Families**

Offers assistance (once a year) for families facing eviction or utility disconnection. Provides assistance with security deposit, food referrals, medical bills, and prescriptions.

**240-777-4550**, 1301 Piccard Drive, Rockville  
**240-777-4448**, 12900 Middlebrook Road, Germantown  
**240-777-3075**, 8818 Georgia Avenue, Silver Spring

**Department of Health and Human Services, Office of Home Energy Programs—240-777-4450**

1301 Piccard Drive, Rockville  
Offers assistance to low income families with home heating costs and electric bills.

**E.Z. Check Cashing—301-424-1100**, 9 Dodge Street, Rockville  
Washington Gas and Pepco payments, $1.25; Verizon $1.50. Money orders are 50 cents per amounts of $500. Payroll and government checks cashed at 2 percent of total check (with two forms of identification).

**PEPCO—202-833-7500**

Call with billing questions or to make payment arrangements. Payments can be placed in a night depository box at 201 West Gude Drive, Rockville. At this location, from 10:00 a.m.–2:00 p.m., staff is available for the following purposes only: payments to restore service or for the delivery of documentation if required in opening a new account.

Youth Support Programs

**Family Services, Inc., Guide Youth Services 240-683-6580**, 620 E. Diamond Avenue, Suite H, Gaithersburg  
Provides mental health and social services programming for children 5–18 years old and their families at a variety of school and community sites at several locations in Gaithersburg, Germantown, and Olney. Referrals and questions can be directed to Gaithersburg Youth Services.

**Y.M.C.A.**

**301-229-1347**, Bethesda  
**301-593-1160**, Silver Spring  
Provides direct services to youth. Parenting and education programs.
This document is available in an alternate format, upon request, under the Americans with Disabilities Act of 1990, by contacting the Department of Public Information and Web Services at 850 Hungerford Drive, Room 112, Rockville, MD 20850, or by telephone at 301-279-3391 or via the Maryland Relay at 1-800-735-2258.

Individuals who request (need) sign language interpretation or cued speech transliteration in communicating with Montgomery County Public Schools (MCPS) may contact Interpreting Services in the Deaf and Hard of Hearing Program at 301-517-5539.

MCPS prohibits illegal discrimination on the basis of race, color, gender, religion, ancestry, national origin, marital status, socioeconomic status, age, disability, physical characteristics, or sexual orientation. Inquiries or complaints regarding discrimination or Title IX issues such as gender equity and sexual harassment should be directed to the Office of the Deputy Superintendent of Teaching, Learning, and Programs at 301-279-3126, via the Maryland Relay at 1-800-735-2258, or addressed to that office at 850 Hungerford Drive, Room 129, Rockville, MD 20850.