



Robert Frost Middle School
SPRING
2019
After-School Clubs Packet

Questions? Contact Grade Level Administrator

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AN APPLICATION FORM IS REQUIRED FOR NEW CLUBS OR NEW ENROLLEES ONLY - RETURN TO MAIN OFFICE BY 1/22

NEW CLUBS ARE NOTED BY AN ASTERISK* BEFORE THE CLUB NAME

IF YOU BELONG TO A CLUB, THERE'S NO NEED TO ENROLL AGAIN.

PLEASE CONTACT SPONSOR FOR OPENINGS IN EXISTING CLUBS

EXTRACURRICULAR ACTIVITIES

SPRING - 2019

* In order to remain in any after-school activity students must maintain a 2.0 grade point average (GPA) with the exception of these clubs:

-Wootton Tutoring -Homework Club - Math/Algebra Tutoring

* Students will be assigned to clubs on a first-come-first-served basis. Some clubs have limited space, so students should sign up promptly to get the clubs they want.

* Students who stay after school must be under adult supervision by 3:10 pm. Activity buses will depart at 4:35 pm. Students are not permitted to leave the school grounds unsupervised and return to ride the activity bus home. The activity bus is designated for students who participate in after school activities.

* **Spring clubs will begin Tuesday, January 22, 2019 and end Thursday, May 23, 2019** unless otherwise noted. **Sign-up for spring clubs will be held in January.**

SPRING After-School Clubs & Activities

ACAPELLA CLUB

Bring like and unlike voices together to create a harmonious sound. May perform at school events and in the community.

Sessions: Tuesdays
Location: Room 101
Sponsor: Ms. Temkin

BOOK CLUB

Students will explore a variety of appropriate books that inspire discussion and thought.

Sessions: 1st & 3rd Wednesday of each month
Location: Room 207
Sponsor: Ms. Cortavarria

**Enrollment
Limited to 15**

***CHEER & DANCE TEAM**

Students will develop and perform various cheer and dance routines at sports and school events. Auditions are held to select the team members.

Sessions: Tuesdays
Location: Fitness Room near Room 259
Sponsor: Ms. Stream

**Enrollment
Limited to 20**

CREATIVE WRITING CLUB

Students will learn and enjoy the mechanics of written expression. Share your written expressions (poems, short story, narrative, etc.) with others.

Sessions: Tuesdays (**Fall & Spring**)
Location: Room 209
Sponsor: Ms. Anderson

FRENCH CLUB

On aime le français ! Students who want to explore the French language and the cultures of various Francophone countries outside of class curricula can meet after school to have fun with French at Frost! Enjoy French culture and so much more.

Sessions: Wednesdays
Location: Room 101
Sponsor: Ms. Temkin

FROST BYTE NEWS CLUB

Students learn how to be a REAL TV broadcast journalist and support the live broadcast of Frost Byte News.

Sessions: Thursdays (**Fall & Spring**)
Location: TV Studio, Room 112
Sponsor: Mr. Wilson

Enrollment Limited to 25 students. Students asked to sign equipment liability agreement.

FrostEngineers (FrostE)

Students will be able to obtain an early exposure to the engineering mindset and approach to solve real-world problems. We will apply classroom knowledge and skills to conduct projects and propose a solution to challenges/problems. Students will also be exposed to different engineering disciplines and explore content within future STEM careers.

Sessions: 2nd & 4th Thursday. First meeting - TBD (maybe 10/18). (**Fall & Spring**)
Location: Room 104
Sponsor: Ms. Joy Lee & Ms. Elizabeth Tan

GAMES CLUB

Students will engage in games (chess, checkers, Othello, Rubik’s Cube, etc.) that challenge their mind and creativity.

Sessions: Wednesdays (**Fall and Spring**)
Location: Room 156
Sponsor: Mr. Harriot

Membership Limited

GENERATIONS TOGETHER

Students will spend time with senior citizens at The Village at Rockville doing activities such as art, music, fitness, book club, current event discussions, and technology courses.

Sessions: Wednesday (**Fall & Spring**)
Location: Room 255 & The Village of Rockville
Sponsor: Mr. Anton & Ms. Gibbs

GIRLS DREAM IN CODE CLUB

Are you a girl interested in building dynamic websites, creating games on Scratch and learning to code in HTML, CSS and Java script? Join “Dream In Code,” a technology club providing class room instruction, guest speakers, and hands-on learning.

Sessions: Tuesdays (**Fall and Spring**)
Location: Computer Lab 254
Sponsor: Ms. Garber

Membership Limited

GIRLS ON THE RUN

A girl’s club meant to foster character, compassion, connections, and confidence. We will combine fitness with discussions and activities to help develop inner strength and celebrate what makes you one of a kind..

Sessions: Tuesdays & Thursdays (**Fall and Spring**)
Location: Room 211
Sponsor: Mrs. Coon & Mrs. Michaels

***INTERNATIONAL CLUB**

Students will plan activities relative to the cultural component of the STEAM & Culture Night. Students will also learn about their own and other cultures, while celebrating diversity.

Sessions: Wednesdays
Location: Room 213
Sponsor: Ms. Hagins

LIBRARY ADVISORY BOARD The Library Advisory Board's goal is to promote library services and programs for the Robert Frost Middle School community.

Sessions: Third Tuesday of each month (**Fall and Spring**)
Location: Media Center
Sponsor: Ms. Schmidt

Membership Limited See Mrs. Schmidt for Application

LIBRARY HELPERS

The Library Helpers' goal is to promote library services and programs for the Robert Frost Middle School community.

Sessions: Tuesdays (**Fall and Spring**)
Location: Media Center
Sponsor: Ms. Schmidt

Membership Limited See Ms. Schmidt for Application

MODEL UN (United Nations)

Learn skills in diplomacy, negotiation, critical thinking, compromise, speaking, writing, and research.

Sessions: Wednesdays (**Fall & Spring**)
Location: Room 258
Sponsor: Ms. Avila-Miller

NEWSPAPER CLUB

Love sharing information and talking about what's new? Then, this club is for you. Students have the opportunity to develop and publish their own writing and artwork while working on the school's newspaper.

Sessions: Every other Thursday, starting Oct. 18 (**Fall and Spring**)
Location: Room 212
Sponsor: Ms. Yun Lee

LIMIT:25 STUDENTS

***ORGANIC GARDEN CLUB**

Students will plant and maintain an organic vegetable garden. This is a partnership with the Silver Diner Restaurant.

Sessions: Tuesdays (Beginning March 5)
Location: Cafeteria and Organic Garden Location in the back Courtyard
Sponsors: Mr. Fred Silver & Dr. Jones

PUBLIC SPEAKING CLUB

Frost Public Speaking Club will empower students to develop their confidence and skill set as a speaker. We will focus on various voice techniques, engagement, style, and preparation to become a dynamic speaker.

LIMIT:30 STUDENTS

Sessions: 1st and 3rd Wednesdays (**Fall and Spring**)
Location: Room 111
Sponsor: Ms. Wood (Guest appearances by Dr. Jones & Mr. Reed)

***QUIZ BOWL**

Do you know the answers to questions about various topics – from history, to current events, to sports, to science? Would you like to compete with a group of your friends, pressing buzzers to see who answers the fastest? Compete in teams of 2 to 5.

Sessions: Thursdays
Location: Room 255
Sponsor: Mr. Anton

YEARBOOK CLUB

Make sure you leave your mark in this year's yearbook. Students will create and design the award-winning yearbook for Robert Frost Middle School.

Sessions: Tuesdays and some SOAR times (**Fall and Spring**)
Location: Room 212
Sponsor: Ms. Yun Lee

Enrollment Limited to 20 dedicated students

"OPEN DOOR" ACTIVITIES

These programs do not require a sign up, or a 2.0 GPA in order to attend.

MATH/ALGEBRA TUTORING Do you need help with Algebra? Do you sometimes need help with questions? Do you need to "catch up" on work occasionally? If you answered, "YES!" to any of these questions, then Math/Algebra Tutoring is for you!

Session: Wednesdays (**Fall and Spring**)
Location: Room 256
Sponsor: Ms. Rivera

HOMEWORK CLUB Do you need a quiet place to do homework? Do you sometimes need help with questions? Do you need to "catch up" on work occasionally? If you answered, "YES!" to any of these questions, then the Homework Club is for you!

Session: Wednesdays (**Fall and Spring**)
Location: Media Center
Sponsor: Mr. Mendler

INTRAMURAL SPORTS Intramural sports are offered to students before and/or after school on Tuesdays, Wednesdays, and Thursdays (**Fall/Winter and Spring**). A variety of athletic activities are planned.

See Mr. Niverth and the Bulletin Board for schedule of activities.

WOOTTON TUTORING Do you need help with homework? Wootton High School students tutor Frost students, giving them the guidance and encouragement needed to complete their assignments.

Session: Tuesdays and Thursdays (**Fall and Spring**)
Location: Room 207 & Media Center
Sponsor: Ms. Freedman & Ms. Vance

APPLICATION FOR AFTER-SCHOOL CLUB PARTICIPATION

SPRING (ONLY)

See your P.E. teacher for a separate application for Intramurals.

Last Name: _____ First Name: _____ Grade: _____

Please rank your **top 3 choices** of clubs: (1= 1st choice, 2= 2nd choice, etc.)

RANK	CLUB ACTIVITIES (SPRING Sign-up Only)	DAY	COMMENTS
	Acapella Club	Tuesdays	
	Book Club	1 st & 3 rd Wednesdays	Limited to 15 students
	Cheer & Dance Team	Tuesdays	Limited to 20 students / auditions reqd.
	Creative Writing Club	Tuesdays	
	French Club	Wednesdays	
	Frost Byte News Club	Thursdays	
	FrostEngineers (FrostE) Club	2 nd & 4 th Thursdays	
	Games Club	Wednesdays	
	Generations Together	Wednesdays	
	Girls Dream in Code Club	Tuesdays	
	Girls on the Run	Tues & Thurs	
	International Club	Wednesdays	
	Library Helpers & Advisory	3rd Tues. ea. month	Application required
	Model UN (United Nations)	Wednesdays	
	Newspaper Club	Every other Wed.	Limited to 25 students
	Organic Garden Club	Tuesdays	Begins March 5
	Public Speaking Club	1 st & 3 rd Wednesdays	Limited to 30 students
	Quiz Bowl	Thursdays	
	Yearbook Club	Wednesdays Fall Tues & Wed Spring	Limit 20 students

I give permission for my child to participate in the above activities. I understand that I will be responsible for providing transportation unless my child can ride the activity bus.
The activity bus transports students to the Willows, Dufief, Rio, and Travilah areas only.
The bus leaves Frost at 4:35pm on Tuesdays, Wednesdays, and Thursdays.

The activity bus stops are: (detailed stop information - posted in the front lobby & website)

PARENT SIGNATURE: _____ DATE: _____

RETURN THIS APPLICATION TO THE MAIN OFFICE BY Tuesday, January 22, 2019
CLUBS ARE SUBJECT TO AVAILABILITY of FUNDS & A SPONSOR

SEE the Grade Level Administrator OR THE CLUB SPONSOR WITH ANY QUESTIONS.

THIS APPLICATION IS FOR SPRING CLUBS ONLY

*** Registration Information for the Panda Programming Coding Club & Shining Kids Yoga is located in the main office**